

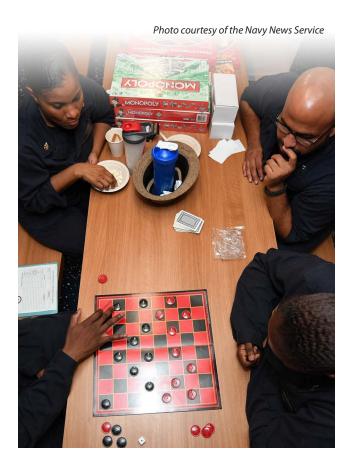
This brochure is provided by Naval Base Kitsap **Deployed Forces Support** (DFS) division of Morale, Welfare and Recreation.

The mission of our program is to assist Naval Base Kitsap Afloat Commands with fitness and recreational support while in port and at sea...

To accomplish this mission, DFS provides a wide range of services and equipment to support the Sailors, Marines and their families. A detailed list and explanation of these services and equipment is available within this brochure.

Useful sites

www.navylifepnw.com www.navymwr.org



EQUIPMENT & GEAR ISSUE

Permanent Issue

Work out:

Precor® Ellipticals Life Fitness® Bikes (PRT)

Versa Climbers Concept 2® Rowers Work-out Mats

Weight Equipment

Medicine Balls **NOFFS - Navy Fitness**

Bands

Matrix® Treadmills

Spin Bikes Heavy Bag TRX Bands

Speed Baa

Other Exercise/Sports Gear:

Floor Mats Jump Ropes **Basketballs** Footballs

Softball Equipment Golf Clubs

Flag Football Belts Soccer Balls

Recreation Equipment:

XBox 360* PlayStation 4* LCD TV* Misc. Board Games

Check-out Only

Available for temporary use.

Games:

Giant Jenga Baggo/Cornhole Giant Yard Pona Blongo Ball/Ladder Ball Spikeball Horseshoes

Disc Golf Tug-of-War Rope Bocce Ball

Party Equipment:

Canopies 10'x10' Barbeque Grills

Charcoal/Propane

(towable)

Coolers/Ice Chests Pig Roaster

Photo courtesy of the Navy News Service

DEPLOYED FORCES SUPPORT

DEPLOYED FORCES SUPPORT

Services and **Equipment** available to **Afloat Commands**

(360) 476-8874

^{*}Upon availability.

SUPPORT

Deployed/Homecoming Support

Must have been deployed at least two months to be eligible. Support services are available upon return to port.

2-4 Month Deployment:

- Pizza for duty section upon arrival (arrival day only).
- Snacks and refreshments for families while they are waiting on pier or at the Recreation Center.
- Face painter and balloon artist (four hours max).
- MWR facility usage for free during the event.
- Occasional sponsors on pier.

5-11 Month Deployment:

- Ports of call contact information.
- E-mail support for port visits.
- Half-way party assistance.
- Pre-arrival party for families to make posters and receive briefing on how the arrival days events will play out.
- Face painter, balloon artist, DJ and bounce toys available for kids (weather permitting).
- Pizza for duty section (for crews less than 500).
- Baby changing area.
- Ship rider available to provide area briefs on commands with crew greater than 500.



In-Port Support

All afloat commands are eligible for these services – others based on availability.

- Fitness and recreation equipment repair and replacement.
- Recreation Program Management training and assistance.
- Recreation Program Inspection assistance.
- Party and event planning support.
- Recreation information briefings.
- Visits or phone calls verifying command needs.
- Change of homeport assistance (maps, phone books, area guides and videos).
- Command, Ombudsman and Spouse group briefings available upon request.
- Fitness space design, purchase and installation support.

Training

DFS provides the required Afloat Recreation Program Management (ARPM) course for all afloat commands. This required training teaches RSO, FC and Recreation Committee members how to manage recreation funds and command recreation programs.

DFS staff conducts ARPM trainings a minimum of four times per year. Call the office to reserve a seat in the next available class.



Photo courtesy of the Navy News Service

Naval Base Kitsap Deployed Forces Support Equipment Request Form for Official Command Functions

The following Deployed Forces Support MWR equipment is provided FREE of charge to commands for Official Command Functions. These functions include, but are not limited to, homecomings, halfway parties, command picnics, holiday parties, pre-arrival events and, in some cases, change of command events.

This equipment is for use ONLY on board military installations to include, but not limited to: Naval Base Kitsap Bangor and Bremerton sites and may not be used at private residences or non-military facilities or properties.

Equipment may not be used for fundraisers or private parties.

Commands will need to arrange for transportation and working party to pick up the equipment from the MWR warehouse at NBK Bremerton and return it to the warehouse when event is complete.

*Command representative must be a First Class or above.

To support requests, reservations must be made a minimum of three days in advance. Complete and return form to nbk.deployed.support@navylifepnw.com or fax to (360) 476-9047. For more information call (360) 476-8874.

Command:	
Command Representative:	
Phone:	Cell:
Secondary POC (mandatory):	
Phone:	Cell:
Request date:	_ Function date:
Desired pick up date:	Return date:
Type of function (circle one)	
Homecoming Picnic Change	
Other Command Function (explain	n details):
ocation on base where the equip	ment will be used:
de la disconocidad de disconoc	
Note the quantities needed in the available are shown next to each i	
available are shown next to each	nem.
ARTY EQUIPMENT	GAMES
_] 10'x10' Easy-up Canopy	[] Giant Jenga
	[_] Giant Yard Pong
Grills Charcoal/Propane	[_] Baggo/Cornhole
(17/8" ball size and 4-prong	[] Blongo Ball/Ladder Bo
flat electrical hookup)	[] Horseshoes
* *	
_] Ice Chest	[] Tug-of-War Rope
] Water Cooler	[] Bocce Ball
] Pig Roaster	[] Disc Golf
Jsers will be responsible for repair o	
damages and losses resulting from	negligent use. Handle
equipment with care.	
accept the equipment with the a	bove conditions.
Print name:	
Signature:	Date:
Phone number of person who pick	ed up the equipment: