

This brochure is provided by Naval Base Kitsap **Deployed Forces Support** (**DFS**) division of Morale, Welfare and Recreation.

The mission of the program is to assist Sailors, Marines and their families with fitness and recreational support while in port and at sea.

To accomplish this mission, DFS provides a wide range of services and equipment. A detailed list and explanation of these services and equipment is available within this brochure.

If you have any questions, please contact Deployed Forces Support at 360-476-5936 or nbk.deployed.support@navylifepnw.com.

#### **Useful sites**

navymwr.org navylifepnw.com facebook.com/KitsapFFR

#### **Afloat Recreation Forms**

navymwr.org/resources/finance/information\_Samples

#### **Equipment Check-out Form**

Please visit the Deployed Forces Support page at navylifepnw.com.



# COMMAND EQUIPMENT CHECKOUT

# Equipment Requests for Official Command Functions

Deployed Forces Support MWR equipment is provided FREE of charge to commands for Official Command Quality of Life Recreational Functions. These functions include homecomings, halfway parties, command picnics, holiday parties, fitness and sporting competitions, and pre-arrival events.

This equipment is for use ONLY on board military installations to include, but not limited to, Naval Base Kitsap Bangor and Bremerton sites and may not be used at private residences or non-military facilities or properties. Equipment may NOT be used for fundraisers or private parties.

Commands will need to arrange for transportation and a working party to pick up the equipment from the MWR warehouse at NBK Bremerton, and return it to the warehouse when the event is over. It is the responsibility of the user to supply power for the inflatables.

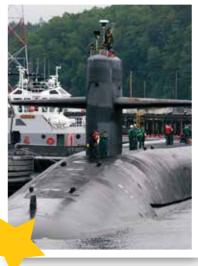
- Command approval is required.
- Reservations must be made a minimum of three days in advance.

**Games:** Giant Jenga, Giant Connect Four, Horseshoes, Bocce Ball, Baggo/Cornhole, Blongo Ball/Ladder Ball, Disc Golf, Tug-of-War Rope

Inflatables: Jousting, Sports Challenge, Fast Pitch, Pirate Ship Slide and Bouncer, Jump and Slide Combo, Bounce and Box, Obstacle Course, Dolphin Bounce and Slide

**Party Equipment:** Canopies (10'x10'), Water Coolers/Ice Chests, Barbecue Charcoal Grill (towable), Propane Pig Roaster (towable)







# DEPLOYED FORCES SUPPORT

Services and Equipment available to Afloat Commands

360-476-5936

#### SUPPORT

## **In-Port Support**

All afloat commands are eligible for these services:

- Fitness space design, purchase, and installation support.
- Fitness and recreation equipment repair and replacement.
- Afloat recreation program management training and assistance.
- Recreation fund inspection assist visits.
- Party and event planning support.
- Recreation information briefs.
- E-mail, visits, or phone calls verifying command needs.
- Change-of-homeport assistance (maps, phone books, and area guides).
- Command, Ombudsman, and spouse group briefings available upon request.

### **Training**

DFS provides the required Afloat Recreation Program Management (ARPM) course for all afloat commands. This required training teaches RSO (Recreation Services Officer), FC (Funds Custodian) and RAB (Recreation Advisory Board) members how to manage recreation funds and command recreation programs.

DFS staff conducts ARPM trainings a minimum of four times per year. Call the office to reserve a seat in the next available class.



#### 2-11 Month Deployment Support

- Fitness equipment and/or parts support.
- E-mail support for port visits and afloat programming.
- Ports-of-call contact information.

## **Homecoming Support**

#### 2-6 Month Eligibility

MWR's participation in the coordination of arrival-day festivities:

- Snacks and refreshments for families while they wait on pier or at the Recreation Center.
- MWR facility usage for FREE during the event.

#### 6-11 Month Eligibility

MWR's participation in the coordination of arrival-day festivities:

- Pre-arrival party for families to make posters and receive briefing on arrival-day events.
- Member of homecoming planning committee.
- Ship rider, upon request, to provide area brief for crews greater than 500. Travel/per diem to be funded by requesting command.



Photo courtesy of the Navy News Service

# **EQUIPMENT & GEAR ISSUE**

# Afloat Command Permanent-Issue

# **Gym Equipment:**

Treadmills

**Ellipticals** 

**Exercise Bikes** 

Spin Bikes

**Rowing Machines** 

Versa Climbers

Plate Loaded Machines

Weight Equipment

# Other Exercise/Sports Gear:

Workout Mats

NOFFS and TRX Kits

Jump Ropes

Basketballs

Soccer Balls

Footballs

Volleyballs

Kickballs

Dodaeballs

Softball Equipment

Golf Equipment

Heavy and Speed Bags

Medicine Balls

Foam Rollers

## **Recreation Equipment:**

**Televisions** 

Xbox and PlayStation Gaming Systems

**Board Games** 

Others by request





