



EXPERIENCE NAVY LIFE
N A V A L B A S E

KITSAP

YOUR GUIDE TO ON-BASE RESOURCES AND ACTIVITIES

JULY-SEPTEMBER 2019

MUSIC TO MY EARS
LIVE CONCERTS AND FESTIVALS

RED, WHITE, AND BLUE
FOOD AND FUN

BELLS ACROSS AMERICA
HONORING OUR HEROES

SAVE MONEY ON
LEISURE TRAVEL





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EXPERIENCE NAVY LIFE NAVAL BASE KITSAP

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Experience Navy Life is your go-to guide to the world of services available to authorized DoD personnel through the U.S. Navy Region Northwest Fleet & Family Readiness (FFR) program. We make every effort to ensure that the information herein is accurate at the time of publication, however, all activities, events and hours of operation are subject to change. For the most up-to-date information, please visit our website at www.navylifepnw.com, contact the facility directly or sign up for the Navy Life Currents e-newsletter at www.navylifepnw.com/subscribe. A digital version of this magazine is available at: www.kitsap.navylifepnw.com/magazine.

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Sponsorship & Advertising Opportunities

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FFR & MWR

Your support enhances MWR programs and events while providing your business or organization with a unique opportunity to tout your company, product and/or services directly to the military market.

Sponsorship and advertising with MWR is a rare WIN-WIN opportunity.

CONTACT US TODAY!

360-535-9092

Sponsorship.cnrnw.pf@navy.mil



A MESSAGE FROM THE FFR DIRECTOR

Summer is beautiful at Naval Base Kitsap, where we're proud to be the number one homeport of choice. If you are new to the area, we invite you to attend our "Welcome Aboard" class, designed especially for incoming service members and their families. You'll learn everything you need to know about the many military and civilian resources and recreation opportunities available in the Puget Sound area. We also have a new "Spouse Indoc" class that offers a fun way to meet new people and make the most of Navy life in the Pacific Northwest (see page 26 for dates and times).

I challenge you to explore the magnificence this region has to offer. Our MWR team will even make it easy for you with exciting trips and tours all summer long. Activities like the Bioluminescent Paddle at Port Gamble should be top on your list. Watching the natural wonder of bioluminescent microorganisms lighting up your paddle strokes at night is truly a must-do experience! If big city lights are more your thing, then join us for an unforgettable trip to Victoria, British Columbia. Explore this beautiful city with its breathtaking architecture and old-world charm. Visit the Parliament Building, Craigdarroch Castle, Pacific Undersea Gardens, Butchart Gardens, and much more. We're also offering day trips to the Oktoberfest in Mount Angel, Oregon. Let us do the driving while you celebrate, German-style, with a stroll through a Bavarian-inspired town replete with a Biergarten, Weingarten, and much more (see page 10 for details).

And for something really special, take advantage of MWR's "Design a Trip" service. Whether you want a single-day excursion or a week-long getaway, our professional trip planner can customize a once-in-a-lifetime adventure to fit your taste and budget.

From climbing the Alpine Tower at Jim Creek Navy Recreation Center (see page 16) to hanging out with friends at an open-air concert, the sky is the limit for summer fun.

PAUL ROSARIUS
CNRNW N9 | FFR Director,
Naval Base Kitsap



HOW TO REGISTER FOR FFR ACTIVITIES ONLINE



5 SIMPLE STEPS

- 1 VISIT** www.navylifepnw.com/myffr
- 2 LOG-IN** Enter your Username/Password or Request Account.
- 3 BROWSE** Enter the Class, Trip, or Activity myFFR # in the search bar. If you don't have the myFFR #, use the drop-down menus to search by base and scroll until you find what you are looking for.
- 4 PURCHASE** Add the Class, Trip, or Activity in the shopping cart and pay using your credit or debit card.
- 5 ENJOY!** Rest easy knowing that your reservation is complete!

How to Find Military-Friendly Travel Deals Online



American Forces Travel

When Gas Turbine Systems Technician (Mechanical) Third Class Kayla Pomroy was considering taking leave to travel from Japan to be with family in Pennsylvania this past Christmas, she researched www.AmericanForcesTravel.com. She had heard about the site from a family member and was impressed the moment she logged in. "The website was very easy to navigate," said Pomroy, who is stationed on the Yokosuka-based guided missile destroyer USS Stethem (DDG-63).

Pomroy said she was also surprised by how much she saved by using American Forces Travel (AFT). "All the sites that I looked on the fares were well over \$1,500, most were close to \$2,000," she said. "After taxes and the protection plan, I only spent \$941 on the ticket round trip to come home all the way from Japan. American Forces Travel was an extremely good deal!"

The savings weren't the best part though. "The day I landed, I went straight to my neighbor's house for their holiday party,

Pomroy said. "My mom had absolutely no idea that I was coming home. My neighbor asked my mom to come over early to help set up, and so she did. When I heard the doorbell ring my stomach dropped, but it was in a good way."

When her mother walked in the door, Pomroy peeked around the corner and saw her mother in the kitchen. Then the Sailor, who has been in the Navy for a little more than two years, ran into her mother's arms.

"I WILL LOOK BACK AT ALL THE PICTURES AND VIDEOS OF SURPRISING THEM AND I WILL BE SO THANKFUL THAT I GOT TO DO THAT."

GSM3 KAYLA POMROY

"The feeling was absolutely amazing," she said. "There was so much emotion, but all we could do was hug and cry. My mom is my best friend, so being away for even a month is hard let alone months and months and years at a time like I am."

"Coming home like that is not a moment that everyone gets to have," she added, "but people need to savor those little moments. Because years down the road, I will look back at all the pictures and videos of surprising them and I will be so thankful that I got to do that."

That's the kind of experience that the Navy MWR team likes to hear.

"American Forces Travel wants to provide the best value and opportunities for access to the world's most exclusive travel deals," said Leslie Gould, Navy MWR Recreation Program Manager.

Although not all savings are as good as Pomroy experienced, AFT, which is currently part of the Priceline partner network, will match the best rates offered by airlines and other travel sites. "We have a best price guarantee for all product lines, not just

airfare," said Debbie Phillips, Technology Manager for the Commander, Navy Installation Command's Fleet Readiness Division.

AFT is unprecedented as the only leisure travel site sponsored by the U.S. military, Gould noted. It was a result of a year-long joint service initiative among the Army, Marine Corps, Navy, Air Forces, and Coast Guard to provide exceptional deals on flights, hotels, cruises and rental cars.

Another important feature is that all AFT transactions generate a commission that will support Quality-of-Life programs within each service branch.

Gould notes that the AFT site is in keeping with MWR's goals to provide recreation pursuits that ultimately support resiliency, readiness, and retention.

"By providing quality and value through a leisure travel program, service members and their families can enjoy experiences and travel opportunities for rest and relaxation, which helps reduce stress and improve morale," Gould said.

American Forces Travel is currently available to active duty personnel, reservists and retirees from the Army, Navy, Air Force, Marine Corps and Coast Guard, as well as their eligible family members. First-time users will be asked to verify their eligibility through the Army and Air Force Exchange Service (AAFES).

Adapted from "New Pentagon MWR program offers sailors leisure travel savings" by Stephen Clutter and Chief Petty Officer Brian Morales.

Why choose American Forces TravelSM?

- Easy online booking
- Discounts on hotels, flights, cars, packages, and cruises
- Best price guarantee
- 24/7 customer support
- Your purchase supports your military community



GSM3 Kayla Pomroy (left), with her brother, Sean Pomroy, Jr., and their mother on Christmas morning. The Yokosuka-based Sailor used the ATF website to book her trip.



FOOD & FUN

MWR-operated food and beverage facilities offer a variety of dining experiences, ranging from fast-casual to fine dining, as well as catering and special event services. Online ordering and delivery are also available at certain locations. All sales support MWR programs.



All American Restaurant

120 S Dewey St.
Bldg. 866
Bremerton, WA 98314
360-476-9085
Subsistence-in-Kind (SIK)
diners eat FREE.

Open seven days a week, the All American serves hearty, wholesome meals for breakfast, lunch and dinner during the week, along with brunch and supper on the weekend, at an exceptional value.

Café.com

LIBERTY Center,
Bremerton
120 S Dewey St.
Bldg. 1027
360-476-2673
Monday-Friday:
6 a.m.-5 p.m.
Saturday, Sunday &
Holidays: 9 a.m.-5 p.m.

Café.com is located in the LIBERTY Center, Bremerton at the head of Pier Delta. Stop by for coffee or a pastry.

INSIDE OUT C A F É

Inside Out Café
Inside Bangor Plaza
2720 Ohio St.
Silverdale, WA 98315
360-396-2523
Monday-Friday:
10:30 a.m.-2 p.m.

Inside Out Café serves a selection of salads, wraps and burgers for lunch, in a welcoming, kid-friendly atmosphere. Meals are also served at the Khaki Lounge: a bar exclusively for service members E-7 and above (or civilian equivalent) and their guests.

Trident Inn Galley

Bldg. 2101
Bangor
360-396-6058
Open seven days a week

Trident Inn Galley at Naval Base Kitsap Bangor proudly welcomes you to its NEY-Accredited, 5-Star Galley. Conveniently located in the central customer service complex, Trident Inn Galley prides itself in serving the freshness and quality of the Northwest's rich bounty.



Juan's Cantina

Fleet Recreation Center
Pier Delta
120 S Dewey St.
Bldg. 1027
Bremerton, WA 98314
Monday-Friday:
10:30 a.m.-1 p.m.



Naval Base Kitsap Catering

Inside Bangor Plaza
2720 Ohio St.
Silverdale, WA 98315
360-396-5466

NBK Catering offers complete catering menus and services for any event or occasion. Our wide variety of facilities will surely offer the perfect place to hold your special event.

Bangor Plaza

This beautiful facility is one of Kitsap County's premier conference facilities, offering built-in audio-visual equipment and flexible space configurations that can accommodate up to 1,000 guests.



Olympic Lanes

Bangor
2701 Ohio St.
Silverdale, WA 98315
360-396-2494
Winter Hours (effective September-June)
Tuesday-Thursday:
4-9 p.m.
Friday-Saturday:
11 a.m.- 11 p.m.
Sunday: Noon-6 p.m.
Holidays: Closed

This 16-lane facility offers Bowling Entertainment System Extreme (BES X) that enhances your traditional 10-frame experience with lane competitions, character designs and specialized games. Ask about league play and party packages for every occasion and group size.

(Facility description continues on page 7)

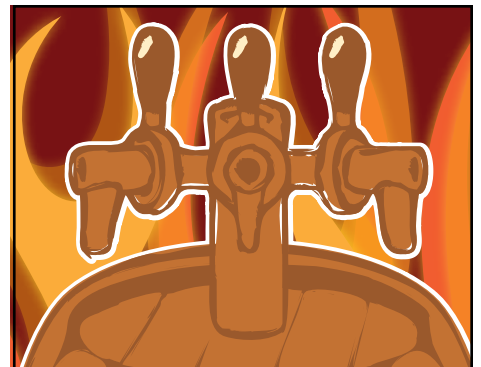


4TH OF JULY SUMMER PICNIC

Thursday, July 4 • 11 a.m.-1 p.m.
FREE for SIK-eligible* diners
Ribs, burgers, hot dogs and more!
All American Restaurant



PICNIC ON THE PATIO
TRIDENT GALLEY SPECIAL MEALS
Wednesdays July 3, 10, 17, Aug. 7, 14, 21,
& Sept. 4, 11, 18
\$5.60, FREE for SIK*-eligible diners
Enjoy a meal outside throughout
the summer.
Trident Inn Galley



SUMMER BARBECUE & BREW

Thursday, July 18
4:30-10 p.m. • No Cover
Featuring ribs, burgers, and
live entertainment on the patio.
Samuel Adams Brewhouse

FOOD & FUN EVENT CALENDAR JULY-SEPTEMBER 2019 ■ = For Kids

DATE	EVENT	TIME	PRICE	VENUE/HOST
ONGOING				
Tuesdays, July-Aug.	Family Have-A-Ball League	6-8 p.m.	\$10 for trust and \$5 to bowl each week/ per person	Olympic Lanes
Wed., July-Sept.	Bowling with Bonnie	5:30-7:30 p.m.	\$1 per game, \$2 shoes	Olympic Lanes
Wednesdays	LIBERTY Bowling	6-8 p.m.	FREE for active duty	Bremerton Recreation Center
Wednesdays	LIBERTY Bowling	6-9 p.m.	FREE for active duty	Olympic Lanes
Thursdays	Thrifty Thursdays	11 a.m.-8 p.m.	\$1 bowling, \$2 shoes	Bremerton Recreation Center
Thursdays	Thrifty Thursdays	4-9 p.m.	\$1 bowling, \$2 shoes	Olympic Lanes
Fridays	Fireball Bowling	8-11 p.m.	\$13 per person, \$2 shoes	Bremerton Recreation Center
Fri. & Sat.	Fireball Bowling	8-11 p.m.	\$13 per person, \$2 shoes	Olympic Lanes
1st & 3rd Fridays	West of 60's Senior League	11 a.m.-1 p.m.	\$1.50 per game	Olympic Lanes
1st Sundays	First Sunday of the Month Bowling Special	Facility hours	\$10 per hour, \$2 shoes	Olympic Lanes
Tuesdays	Taco Tuesdays	4:30-7 p.m.	FREE taco and 75¢ crunchy home-style tacos with purchase of drink (21+)	Samuel Adams Brewhouse
Wednesdays	Hump Day Wednesdays	4:30-6:30 p.m.	FREE bar hors d'oeuvres with purchase of drink (21+)	Samuel Adams Brewhouse
Thursdays	Cheap Eats Thursdays	4:30-9:30 p.m.	Blue Plate Specials Meal just \$6.50 with purchase of drink (21+)	Samuel Adams Brewhouse
JULY				
Wed. 3	Picnic on the Patio: 4th of July Celebration	11 a.m.-1 p.m.	\$5.60 OPEN TO ALL HANDS	Trident Inn Galley
Thu. 4	4th of July Holiday Bowling Special	11 a.m.-8 p.m.	2 FREE games of bowling for active duty	Bremerton Recreation Center
Thu. 4	4th of July Summer Picnic	11 a.m.-1 p.m.	Standard rates apply, FREE for SIK*	All American Restaurant
Fri. 5	Red, White and Blue Fireball Special	8-11 p.m.	\$13 per person, \$2 shoes	Olympic Lanes
Wed. 10	Picnic on the Patio: The Caribbean	11 a.m.-1 p.m.	ACTIVE DUTY ONLY , FREE for SIK*	Trident Inn Galley
Wed. 17	Picnic on the Patio: Barbecue	11 a.m.-1 p.m.	ACTIVE DUTY ONLY , FREE for SIK*	Trident Inn Galley
Thu. 18	Summer Barbecue & Brew	4:30-10 p.m.	No cover	Samuel Adams Brewhouse
Sat. 20	Beat-the-Heat Bowling	2-6 p.m.	\$1 per game, \$2 shoes	Olympic Lanes
Wed. 31	Harry Potter Bowling Tournament	1-9 p.m.	\$1 per game, \$2 shoes	Olympic Lanes
AUGUST				
Wed. 7	Picnic on the Patio: Mongolian Barbecue	11 a.m.-1 p.m.	ACTIVE DUTY ONLY , FREE for SIK*	Trident Inn Galley
Sat. 10	Bowling Bingo	11 a.m.-5 p.m.	\$1 per game, \$2 shoes	Olympic Lanes
Wed. 14	Luau on the Patio: Asian Pacific Heritage Month	11 a.m.-1 p.m.	\$5.60 OPEN TO ALL HANDS	Trident Inn Galley
Thur. 15	Asian Pacific Night	4:30-10 p.m.	No cover	Samuel Adams Brewhouse
Wed. 21	Picnic on the Patio: The Mediterranean	11 a.m.-1 p.m.	ACTIVE DUTY ONLY , FREE for SIK*	Trident Inn Galley
Sat. 24	Back-to-School Bowling	8-11 p.m.	\$13 per person, \$2 shoes	Olympic Lanes
SEPTEMBER				
Wed. 4	Labor Day Special Meal	11 a.m.-1 p.m.	\$5.60 OPEN TO ALL HANDS	Trident Inn Galley
Sun. 8	NFL Kickoff Weekend	10 a.m.-8 p.m.	No cover	Samuel Adams Brewhouse
Wed. 11	Picnic on the Patio: International Cuisine	11 a.m.-1 p.m.	ACTIVE DUTY ONLY , FREE for SIK*	Trident Inn Galley
Wed. 18	Mongolian Barbecue	11 a.m.-1 p.m.	ACTIVE DUTY ONLY , FREE for SIK*	Trident Inn Galley
Thu. 19	'90s Throwback Party	4:30-10 p.m.	No cover	Samuel Adams Brewhouse

Events are subject to change or cancellation without prior notice. For the most up-to-date information, contact the venue/host directly or visit www.navylifepnw.com. *SIK: Subsistence-in-Kind.



Samuel Adams Brewhouse
120 S. Dewey
Bldg. 434
Bremerton, WA 98314
360-476-6719

Tuesday-Saturday:
4:30-10 p.m.
Sunday: (Beginning
Sept. 8) 9 a.m.-10 p.m.

The restaurant atmosphere is open and airy with a fresh, yet rustic feeling. It also has a full bar, outdoor patio seating and a pool table.



Eat | Play | Explore

BECOME A
NAVY REGION NORTHWEST
MYSTERY SHOPPER

Yes, it's true. You can actually get reimbursed to do the things that you already love to do.

For more information on becoming an MWR Mystery Shopper, send an email with your name and phone number to: mysteryshopper.cnrnw@navy.mil





HARRY POTTER BOWLING TOURNAMENT

Wednesday, July 31 • 1-9 p.m.
\$1 per game, \$2 shoes
Celebrate Harry Potter's Birthday and
represent team Gryffindor, Ravenclaw,
Hufflepuff or Slytherin!
Olympic Lanes



NFL KICKOFF WEEKEND

Sunday, Sept. 8
10 a.m.-8 p.m. • No Cover
Appetizer Buffet, Bloody Mary Bar,
and football.
Samuel Adams Brewhouse



BACK-TO-SCHOOL BOWLING

Saturday, Aug. 24
8-11 p.m.
\$13 per person, \$2 shoes
Fireball bowling, paper airplane
competition, and cool
illusion science experiment!
Olympic Lanes

EVENT DESCRIPTIONS

'90s Throwback Party

Enjoy live music,
drink specials, and
'90s-themed activities.

Asian Pacific Night

Stop by Sam's to enjoy
some of your favorite
Asian cuisine and take in
the live performances.

Beat-the-Heat Bowling

Spend an afternoon
playing our BES-X
Monster Factory games
or competing against
one another to crush the
other's castles in Battle of
the Lanes!

Bowling Bingo

Have you ever bowled a
7/10 split? How about a
turkey? These are some
of the ways to play Bingo
Bowling! Grab your
Bowling Bingo card at
the front counter and
play with family and
friends. Prizes for the
winners!

Bowling with Bonnie

Bowling with Bonnie is
a special night to get
pointers on bowling,
learn new skills and hang
out with our superstar,

Bonnie! Get to know
your bowling staff and
meet new people in the
community!

Family Have-a-Ball Bowling League

Earn your way to your
own bowling gear! \$10 a
week goes into your own
trust account for getting
your own ball or bag,
and \$5 to bowl. Don't
need to earn gear? Pay
only \$5 per week to bowl
and have a great time!

Fireball Bowling

Bowl with state-of-the-
art lights, music, games
and great prizes!

Red, White and Blue Fireball Special

Celebrate FREEDOM
with bowling, games,
and prizes at Olympic
Lanes!

West of 60's Senior League

Enjoy a great cup of
coffee, a fun game of
bowling and a non-
competitive environment.

BE ON THE LOOKOUT Tuesday Night League

Tuesdays, October
through May, 6:30-9 p.m.

Wednesday Active Duty League

Wednesdays, October
through December, time
TBD by your schedule.



Bowling with Bonnie

SHOW US YOUR NAVY LIFE! #NAVYLIFEPNW



Thanks Tevera and Juline Hesslink for sharing
this pic of your visit to Navy Getaways Cliffside.

You could be featured in the next issue
of Experience Navy Life Magazine!
Attend any FFR event, SNAP a photo,
and SEND it to info@navylifepnw.com.

Please include your name, PNW base,
activity and "Photo submission"
in the subject line.



FROM CASUAL TO FORMAL, *THE PREFERRED CHOICE* FOR MEETINGS & EVENTS

Hosting an event? The best place is on base!

Support Your Military: Profits from your event contribute to upgrades and enhancements of Quality-of-Life programs, facilities and equipment for Sailors, Marines and their families!

360-396-5466 Naval Base Kitsap

360-257-2521 NAS Whidbey Island

425-304-3906 Naval Station Everett

CONTACT US AT: CATER-CONFERENCE.CNRNW@NAVY.MIL





HOBBIES & RECREATION

Navy Community Recreation proudly offers you outdoor recreation, community events, discount tickets to attractions and vacation bookings, leisure skills development, recreation equipment rentals, parks and picnic areas and information and referral to a variety of recreational offerings in the Pacific Northwest.

Bangor Mechanic's Corner

2951 Trigger Ave.
360-396-2520
Silverdale, WA 98315
Weekends:
9 a.m.-5 p.m.

We have everything you need to keep your ride running smoothly:

- Rental of stalls and lifts
- No-tax parts
- Tire changing
- Testing of starters, alternators and batteries
- Glass beading
- Tool rental (including air guns, sockets, wrenches, etc.)
- Strut compressor
- Grease gun

Bangor Self-Service Car Wash

Open 24/7
Next to Mechanic's Corner

Bremerton Self-Service Car Wash

Open 24/7
Across from Bremerton Fitness Complex

Gallery Golf Course

3065 N Cowpens Rd.
Oak Harbor, WA 98278
360-257-2178
Open Daily:
Dawn to Dusk

The Navy's one-and-only golf course in Region Northwest features tree-lined fairways, rolling hills and stunning views of the Strait of Juan de Fuca and Vancouver Island. Just three hours from Bremerton.

- Open to the public.
- Challenging 18-hole course
- Tournaments
- Grass driving range
- Golf Shop, resale, special orders
- ADA rental carts
- Lessons and clinics

- Online tee times for expedited check-in

LIBERTY Lounges

Designed for LIBERTY-eligible: junior service members (E1-E6) who seek high-energy recreation and entertainment in an alcohol-and tobacco-FREE environment. Eligible users may escort up to two guests over the age of 18.

Bangor LIBERTY

Bangor Plaza
Ohio St.
Bldg. 2720
Silverdale, WA 98315
360-396-2151
Open daily

Amenities include:

- FREE Wi-Fi
- Latest gaming stations
- Movie Room
- Game Room
- Multipurpose Room with a selection of musical instruments

- Lending library
- Board games
- CAC-enabled workstations
- Copying, printing, scanning and faxing services
- Outdoor patio area

Sinclair's Fleet Recreation Center

Pier Delta
120 S Dewey St.
Bldg. 1027
Bremerton, WA 98314
360-476-2673
Open 24/7

Amenities include:

- FREE Wi-Fi
- Power stations, Webcam computers with high-speed Internet
- PlayStation 4, Xbox One systems, linked for tournaments
- Surround-sound movie theater with 80" plasma TV
- FREE laundry facilities
- Board games

- Zero-fee ATM
- Outdoor basketball court and picnic area
- Snack Bar featuring Starbucks coffee, breakfast burritos and pizza
- Copying, printing and faxing services
- CAC-enabled workstations
- Firepit (for special events)

Outdoor Parks and Recreation Areas Camp McKean

360-396-2449
Summer Hours
(Now-Sept. 2)
Wednesday-Sunday:
11 a.m.-6 p.m.
Closed Mondays & Tuesdays

Located five miles west of Naval Base Kitsap Bremerton, along the Kitsap Lake shoreline.



IT'S SHOWTIME AT YOUR LIBRARY!

SUMMER READING PROGRAM

Monday, June 24-
Thursday, Aug. 22

END-OF-SUMMER READING PROGRAM PARTY

Thursday, Aug. 22
5:30-7:30 p.m. • FREE
Bremerton Recreation Center



NORTHWEST OUTDOOR ADVENTURES

HIKING, KAYAKING, AND PADDLEBOARDING

Let our guides take you outdoors to explore the Northwest in all its glory!
www.navylifepnw.com/myffr



DESTINATION TOURS

VICTORIA, SAND SCULPTURES, MOUNT RAINIER, KANGAROO AND EXOTIC-ANIMAL FARM, AND MORE

www.navylifepnw.com/myffr

Elwood Point

360-396-2449

Located within The Landings (formerly Jackson Park Navy Family Housing) on Bremerton's scenic Ostrich Bay. Use of Elwood Point is FREE. Reservations are for use of the covered picnic pavilion only, Friday-Sunday from dawn to dusk. Picnic pavilion has a large charcoal barbecue pit, picnic tables and is located near the children's playground and ball fields.

Trident Lakes Recreation Area

360-396-2449

Hours: Dusk till dawn

This recreational area features a softball field and two large, covered cooking areas with large barbecue grills, perfect for a hungry crowd. Small picnic areas with grills are also available on a first-come, first-served basis. This area is a favorite with kids; a big toy, designed to look like a ship, takes center stage at the park. Pets are welcome, but leash laws

are strictly enforced. Located just inside the Trigger Avenue Gate at Naval Base Kitsap Bangor, Trident Lakes is a great place for a quick getaway for the family or entire command. Brand new playground.

Recreation Centers

Naval Base Kitsap boasts two, one-stop shops designed to meet all of your leisure needs! From exciting trips and tours, to discounted tickets for select northwest sporting events, attractions, entertainment opportunities, your local recreation center has it all. We also offer a resource library, printing services and rent trailers, boats, kayaks/canoes, mountain bikes, barbecue grills, camping gear, canopies, tables, chairs and more. Check out the new Kids Zone at Bangor Recreation Center; a fun and interactive indoor playground for kids.

Bangor Recreation CenterBangor Plaza
Ohio St.

Bldg. 2720
Silverdale, WA 98315
360-396-2449
October-March
Monday-Saturday:
10 a.m.-6 p.m.
Sunday & Holidays:
11 a.m.-6 p.m.

Bremerton Recreation and Bowling Center

120 S Dewey St.
Bldg. 502
360-476-3178
Monday-Thursday:
11 a.m.-8 p.m.
Friday: 11 a.m.-11 p.m.
Weekends:
Noon-8 p.m.
(See page 7 for bowling specials.)

Bangor Skate Park

Located behind Bangor Fitness Complex

Recreational Vehicle Storage

Need vehicle storage? We can help you with vehicle storage within a fenced, secured by video surveillance, lighted, paved lot and 24/7 gated access. Contact 360-396-2449 for more information.

**Movie Specials & Discounts****Bangor Cinema Plus Theater**

2501 Ohio St.

Movie Line: 360-396-2515

- Seats over 350 people and features digital movies, complete with silver screen and 3-D capabilities
- Fully-cushioned reclining seats with drink holders
- Available for private parties and events
- FREE advance screenings
- Full-service snack bar

Bremerton Movie Lounge

Inside Bremerton Recreation Center

- Hundreds of FREE on-demand movies to choose from
- Premier Movie Nights - Every Thursday evening for 18 years and older only
- Movie Matinéés - Every Saturday at 1 p.m.

**GLACIER NATIONAL PARK TOUR**

Aug. 10, depart 8 p.m.-

Aug. 17, return 8 p.m.

\$1,117 per person double occupancy,
\$1,638 per person single occupancy
Includes round-trip bus transportation,
seven-night accommodations,
some meals, and more.
www.navylifepnw.com/myffr

**MAGICAL, FANTASTICAL
BACK-TO-SCHOOL
CELEBRATION**

Saturday, Aug. 24

1-4 p.m. • FREE Admission,
Lunch TBD

Bangor Plaza Ballroom

www.navylifepnw.com/myffr

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Enjoy discounted tickets to some of the most popular attractions, amusement parks, and activities in the United States.

**Visit one of our
Ticketing Offices today!**

Bangor Recreation Center
360-396-2449

Bremerton Recreation Center
360-476-3178

HOBBIES & RECREATION EVENT CALENDAR

JULY-SEPTEMBER 2019

■ = Activity ■ = Class/Leisure skill ■ = Special Event
■ = Trip/Tour ■ = For Kids

DATE	EVENT/CLASS	TIME	PRICE	VENUE/HOST
JULY				
Mon., June 24– Thu., Aug. 22	■ It's Showtime at Your Library! Summer Reading Program	Operating Hours	FREE	Bremerton Recreation Center
Wednesdays	■ Wear 'Em Out Wednesdays	2–6 p.m.	FREE entry and ½-price rentals	Camp McKean Community Recreation
Tue. 2, 9, 16, 23, 30 & Thu. 4, 11, 18, 25	■ Guitar Lessons*	4:30–6:30 p.m.	\$25 for 30 minutes	Bremerton Recreation Center
Tue. 2	■ Kids Patriotic Paint Party	1–3 p.m.	FREE	Bangor Recreation Center
Wed. 3	■ Water Balloon Catapult	5–7:30 p.m.	FREE	Bremerton Recreation Center
Fri. 5	■ Billiards Tournament	6–10 p.m.	FREE admission	Bremerton Recreation Center
Sat. 6	■ Mount Storm King Excursion*	7:30 a.m.–7 p.m.	\$42, \$25 for LIBERTY-eligible	Mount Storm King (Lake Crescent) Community Recreation
Wed. 10	■ A Day in Victoria, BC*	5:45 a.m.–11 p.m.	\$73 for adults, \$51 for ages 5–11, \$29 for ages 2–5	Victoria, BC Community Recreation
Wed. 10, 24	■ Climbing Wall Wednesdays (weather-permitting)	11 a.m.–1 p.m.	FREE	Bangor Recreation Center
Wed. 10	■ Port Gamble Bay Evening Paddle*	5–9 p.m.	\$30, \$15 for LIBERTY-eligible	Port Gamble Bay Community Recreation
Sat. 13	■ A Day in Victoria, BC*	5:45 a.m.–11 p.m.	\$73 for adults, \$51 for ages 5–11, \$29 for ages 2–5	Victoria, BC Community Recreation
Sat. 13–Sun. 14	■ ■ Great Navy Campout*	4 p.m.–10 a.m.	FREE	Trident Lakes Recreation Area Community Recreation
Tue. 16	■ Bike Maintenance 101*	5–7 p.m.	FREE	Bangor Recreation Center
Wed. 17	■ Hooky Hiking: Mount Tyler*	8:30 a.m.–6 p.m.	\$42, \$25 for LIBERTY-eligible	Mount Tyler Community Recreation
Thu. 18	■ NBK Tapas and Tastings Night*	5–8 p.m.	\$35	Bangor Plaza Ballroom, Community Recreation
Fri. 19	■ Paint & Sip: Canvas Painting on the Patio*	7–9 p.m.	\$35	Samuel Adams Brewhouse, Community Recreation
Sat. 20	■ 37th Annual Sand Sculptures Competition*	7 a.m.–10 p.m.	\$63	Blaine, WA, Community Recreation
Sat. 20	■ Paddle/Kayak: Lake Cushman*	7:30 a.m.–8 p.m.	\$55, \$25 for LIBERTY-eligible	Lake Cushman, Olympic Mountains Community Recreation
Sun. 21	■ Heather Creek Hike*	7:30 a.m.–8 p.m.	\$42, \$25 for LIBERTY-eligible	Heather Creek Community Recreation
Wed. 24	■ Water Balloon Catapult	5–7:30 p.m.	FREE	Bremerton Recreation Center
Wed. 24	■ SUP Class*	5–9 p.m.	\$30, \$15 for LIBERTY-eligible	Bangor Recreation Center
Sat. 27	■ Mount Rainier Tour*	6:30 a.m.–10 p.m.	\$69 adults, \$63 ages 12 and under	Mount Rainier, WA, Community Recreation
Sun. 28	■ Mount Baldy Challenge Hike*	7:30 a.m.–8 p.m.	\$42, \$25 for LIBERTY-eligible	Mount Baldy, Community Recreation
Wed. 31	■ Chalk Walk	11 a.m.–1 p.m.	FREE admission	Bangor Recreation Center
Wed. 31	■ Card Ninja Game Night	5–7:30 p.m.	FREE	Bremerton Recreation Center
AUGUST				
TBD, Early August	■ 12th Man Ticket Jam	TBD	Varies	Varies
Sat. 3	■ Kangaroo and Exotic Animal Farm	8:15 a.m.–7 p.m.	\$61 for adults, \$54 for seniors, \$54 for ages 3–12, \$39 for ages 2 and under	Arlington, WA Community Recreation
Tue. 6, 13, 20, 27 & Thu. 1, 8, 15, 22, 29	■ Guitar Lessons	4:30–6:30 p.m.	\$25 for 30 minutes	Bremerton Recreation Center
Wednesdays	■ Wear 'Em Out Wednesdays	2–6 p.m.	FREE entry and ½-price rentals	Camp McKean
Wed. 7	■ Misery Point to Stavis Bay Evening Paddle*	5–9 p.m.	\$30, \$15 for LIBERTY-eligible	Misery Point Community Recreation
Thu. 8	■ Parachute Games at the Playground	10 a.m.–Noon	FREE	Trident Lakes Recreation Area

DATE	EVENT/CLASS	TIME	PRICE	VENUE/HOST
AUGUST CONTINUED				
Thu. 8	 Trivia Night at Sam's	7-10 p.m.	FREE entry	Samuel Adams Brewhouse, Community Recreation
Sat. 10-Sat. 17	 Glacier National Park Tour*	Depart 8 a.m. Return 8 p.m.	\$1,117 per person double occupancy, \$1,638 per person single occupancy	Glacier National Park, MT Community Recreation
Wed. 14	 Hooky Hiking: Royal Lake*	8:30 a.m.-6 p.m.	\$42, \$25 for LIBERTY-eligible	Royal Lake Community Recreation
Wed. 14, 21	  Climbing Wall Wednesdays (weather-permitting)	11 a.m.-1 p.m.	FREE	Bangor Recreation Center
Thu. 15	 Paint and Sip: Canvas*	6-8 p.m.	\$35	Bangor Recreation Center
Sat. 17-Sun. 18	 Grand Park Overnight Hike*	8 a.m.-7 p.m.	\$105, \$25 for LIBERTY-eligible	Grand Park Community Recreation
Sat. 17	 Summer Concert	TBD	FREE	Jackson Park, Community Recreation
Sat. 17	 Bioluminescent Paddle Port Gamble*	6:30-11:30 p.m.	\$42, \$25 for LIBERTY-eligible	Port Gamble Bay Community Recreation
Wed. 21	 SUP Class*	5-9 p.m.	\$30, \$15 for LIBERTY-eligible	Bangor Recreation Center
Wed. 21	 Hooky Hiking: Flapjack Lakes*	8:30 a.m.-6 p.m.	\$42, \$25 for LIBERTY-eligible	Flapjack Trail Community Recreation
Thu. 22	  End-of-Summer Reading Program Party	5:30-7:30 p.m.	FREE	Bremerton Recreation Center
Fri. 23	 Paint & Sip: Gilded Glasses*	7-9 p.m.	\$35	Bremerton Recreation Center
Sat. 24	 Mount St. Helens Tour*	8 a.m.-9 p.m.	\$71 for adults, \$66 for ages 10 and under	Mount St. Helens, WA Community Recreation
Sat. 24	  Magical, Fantastical Back-to-School Celebration*	Noon-4 p.m.	FREE admission, lunch TBD	Bangor Plaza Ballroom Community Recreation
Tue. 27	  Squirt Gun & Paintball Art	6-8 p.m.	\$5 per project	Bremerton Recreation Center
SEPTEMBER				
Tue. 3, 10, 17, 24 & Thu. 5, 12, 19, 26	Guitar Lessons*	4:30-6:30 p.m.	\$25 for 30 minutes	Bremerton Recreation Center
Wednesdays	 Wear 'Em Out Wednesdays	2-6 p.m.	FREE entry and ½-price rentals	Camp McKean
Tues. 3	 Bike Maintenance 101*	5-7 p.m.	FREE	Bangor Recreation Center
Wed. 4	 SUP Class*	5-9 p.m.	\$30, \$15 for LIBERTY-eligible	Bangor Recreation Center
Wed. 5	  Water Balloon Catapult	5-7:30 p.m.	FREE	Bremerton Recreation Center
Sat. 7	 Ape Caves Lava Canyon*	8 a.m.-7 p.m.	\$42, \$25 for LIBERTY-eligible	Ape Caves-Mount St. Helens Community Recreation
Wed. 11	 Hooky Hiking: Mount Ellinor*	8:30 a.m.-6 p.m.	\$42, \$25 for LIBERTY-eligible	Mount Elinor Community Recreation
Wed. 11, 25	  Climbing Wall Wednesdays (weather-permitting)	11 a.m.-1 p.m.	FREE	Bangor Recreation Center
Thu. 12	 Kitchen Basics: Knife Skills Class*	6-9 p.m.	\$35	Bangor Recreation Center
Fri. 13	 Paint & Sip: Canvas Painting on the Patio*	7-9 p.m.	\$35	Samuel Adams Brewhouse, Community Recreation
Sat. 14	 Heather Park Hike*	7:30 a.m.-7 p.m.	\$42, \$25 for LIBERTY-eligible	Heather Park, Community Recreation
Sat. 14	 Oktoberfest in Mount Angel*	6:30-9:30 p.m.	\$53	Mount Angel, OR, Community Recreation
Wed. 18	 Hooky Hiking: Mount Townsend*	8:30 a.m.-6 p.m.	\$42, \$25 for LIBERTY-eligible	Mount Townsend Community Recreation
Thu. 19	 Billiards Tournament	6-10 p.m.	FREE admission	Bremerton Recreation Center
Sat. 21	 Outdoor Skills for Kids	Noon-2 p.m.	FREE	Trident Lakes, Community Recreation
Fri. 27	 Women's Self-Defense Workshop*	5-8:30 p.m.	\$10	Bangor Fitness Center, Community Recreation
Sat. 28	 Autumn Leaf Festival*	7 a.m.-9 p.m.	\$48, \$43 for ages 10 and under	Leavenworth, WA Community Recreation
Sat. 28	 Fall Colors Hike*	7:30 a.m.-7 p.m.	\$42, \$25 for LIBERTY-eligible	Lake Ingalls Community Recreation

Events are subject to change or cancellation without prior notice. For the most up-to-date information, contact Community Recreation at 360-396-2449 (Bangor)/360-476-3178 (Bremerton) or visit www.navylifepnw.com. (*) Requires advance registration online at www.navylifepnw.com/myffr (see page 4 for instructions). LIBERTY-eligible: junior service members (E1-E6).

EVENT/CLASS DESCRIPTIONS

ARTS & CRAFTS

Kitchen Basics: Knife Skills Class

Join us to learn professional knife skills and cook a healthy chicken vegetable stir fry. Taught by an executive chef.

Paint & Sip

Create a work of art you'll treasure. Every season offers a new and interesting theme and project. Price includes all supplies, a knowledgeable instructor and two beverages per person.

ENTERTAINMENT

Billiards Tournament (Family Fun)

Sign up the day of the tournament, open to all ages 10+. Prizes awarded to winners!

Card Ninja Game Night

Test your ninja skills for the chance to win a prize! Players must stick one card into a watermelon within the 60-second time limit so that it stays that way for 3 seconds.

It's Showtime at Your Library! Summer Reading Program

This program offers an easy online tracking system, with the opportunity to earn prizes for your accomplishments! Register and pick up your starter bag at the Bremerton Recreation Center.

Squirt Gun & Paintball Art (Family Fun)

Registration includes all art supplies, instruction, canvas board you get to take home, and tons of summer fun!

Summer Concert

Hosted by Bremerton Recreation Center. Details to Follow.

Trivia Night at Sam's

Come enjoy Sam's great

food, local brews, and get in on some pub-style trivia fun! Play solo or get a team together, prizes awarded to winning team!

KID-FRIENDLY Chalk Walk

Create your own artwork around the Bangor Recreation Center with sidewalk chalk! A prize will be awarded to the best artist.

End-of-Summer Reading Program Party

Let's celebrate all your reading accomplishments with a certificate presentation, story time, reading program activities, and bowling specials.

Kids Patriotic Paint Party

Create patriotic crafts and paint fireworks with a variety of media. Be sure to wear clothing you don't mind getting messy and come ready for fun!

Parachute Games at the Playground

Check out the new playground and join us for some high-flying fun! We'll have a giant parachute on hand for some games.

Water Balloon Catapult

Compete for prizes by hitting life-size targets with our powerful balloon catapult!

SKILL DEVELOPMENT

Level I: This activity is easy and equivalent to being able to walk 3 miles on a treadmill at 2.5 mph. Slight inclines.

Level II: This activity requires the ability to walk for an hour at a pace of 3 mph over varying inclines.

Level III: This activity requires the ability to maintain a brisk pace (comparable to a stair stepper on an extreme

incline) for an interval up to 45 minutes in length.

Autumn Leaf Festival

A day of wonderful festivities at Leavenworth's Annual Autumn Leaf Festival, including a grand parade with floats from cities around the Pacific Northwest, Art in the Park, live entertainment and authentic German cuisine.

Bike Maintenance 101

Learn bicycle maintenance while performing custom work at a reduced cost.

Bioluminescent Paddle: Port Gamble

Experience one of the natural wonders of the northwest. See bioluminescent microorganisms that light up your paddle strokes and kayaks at night. Truly a must-do experience!

Climbing Wall Wednesdays

Have you ever wanted to test your rock-climbing skills? Join us during your lunch break and practice your climbing skills! Level I

Fall Colors Hike

Lake Ingalls is a nine-mile, round-trip hike with about 2,500 feet of elevation gain. Views of the surrounding country get better as the trail heads up. Level III

Grand Park Overnight Hike

This is a great little overnight hike that takes you to Mount Rainier after passing by Lake Ellinor. All gear is included, if needed. In addition, three meals are provided. Level III

Guitar Lessons

Learn from one of Kitsap County's top guitar instructors. All levels are welcome, our instructor has experience with kids, adults, beginners and pros.

Heather Creek Hike

A 15.8-mile, round-trip hike with about 1,800 feet of elevation gain. Experience beautiful views of Marmot Pass, Buckhorn Mountain, as well as glimpses of Heather Creek far below you in the valley. Level III

Heather Park Hike

From the west end of the Heart of the Hills Campground parking lot, we will head steadily uphill through some uniformly dense forest. Level III

Hooky Hiking: Flapjack Lakes

This 15.4-mile, hike starts at Staircase, proceeds up the North Fork of the Skokomish and to the Flapjack Trail cutoff at the four-mile mark. Call for skill level information.

Hooky Hiking: Grand Ridge Trail

This is a 12-mile, round-trip hike with 2,700 feet of elevation gain. Take the highest trail in the Olympic National Park along an alpine ridge with great views in every direction. Level III

Hooky Hiking: Mount Ellinor

This is the longest and hardest way to climb, though the journey will be extremely rewarding. Route begins at Big Creek Campground, climbs steadily along the Big Creek Loop Trail, and joins a connector trail that then joins the Lower Mount Ellinor Trail. Level III

Hooky Hiking: Mount Townsend

We will hike up the switchbacks through a nice forest of rhododendrons, arriving at a steep subalpine meadow. Level III

Hooky Hiking: Mount Tyler

This seven-mile, round-trip hike boasts about 3,500 feet of elevation

gain. The Gray Wolf Ridge and its component mountains are markedly steep, as is its primary access route, the Maynard Burn Trail of Olympic National Forest. Call for skill level information.

Hooky Hiking: Royal Lake

This hike is a solid 14-mile round-trip and has about 2,630 feet of elevation gain. Hike through glacier-carved basins to a sunny alpine lake surrounded by some of the park's highest peaks. Call for skill level information.

Misery Point to Stavis Bay Evening Paddle

Paddling through the Hood Canal, along the east side of the Kitsap Peninsula, you may be joined by harbor seals that reside in the area. Level II

Mount Baldy Challenge Hike

A nine-mile, round-trip hike with 3,400 feet of elevation gain. Located between Gray Wolf and Peak B, Mount Baldy also shares the ridge with Maynard Peak and Tyler Peak to the north and Mounts Walkinshaw, Clark, The Needles, and Deception to the south. Level III

Mount Storm King Excursion

A strenuous 3.8-mile, round-trip day hike with 1,700 feet of elevation gain. The trail goes through old-growth forest to a series of viewpoints overlooking Lake Crescent and the central Olympics. Level III

Outdoor Skills for Kids (Kid-Friendly)

We're setting up the slack lines and the climbing wall. Test your balance and see how high you can climb! We'll have some tips for trail safety so we can get out and enjoy our beautiful area.

Paddle/Kayak: Lake Cushman

We'll explore this 8-mile long lake in the Olympic Mountains via paddle-board or kayak. Our experienced guides will tour you safely around the lake to explore inlets and swimming areas known by locals.

Port Gamble Bay Evening Paddle

A four-mile paddle to Port Gamble Bay on the Kitsap Peninsula, near the entrance to the Hood Canal! Level II

SUP Class

A four-hour class for beginners or a refresher of the basics. Level I.

Women's Self-Defense Workshop

Feel empowered through hands-on, self-defense instruction. Learn how to defend against choking, punching, grabbing, pushing, and other practical applications.

SPECIAL EVENTS

12th Man Ticket Jam

Active duty only. Visit the Community Recreation Center in Bangor and Bremerton, or Bremerton Fitness Complex, or Sinclair's Fleet Recreation Center/LIBERTY to fill out an entry form for a chance to purchase tickets for the Seattle Seahawks home games for the 2019/2020 season!

Great Navy Campout

Join us for a fun overnight camping experience! We will have some awesome activities that will include a barbecue dinner, s'mores bar, fishing, fire talks, hiking, yard games and much more!

Magical,Fantastical Back-to-School Celebration

We want to send you back to school with the excitement of all things Harry Potter! This party will thrill wizards and

witches of all ages. Costumes encouraged. Be sure to register early for this popular event!

NBK Tapas and Tastings Night

NBK MWR and NEX invite you to enjoy a night of wine and whisky sampling from vendors, with an opportunity to buy bottles or cases to take home. All while enjoying tapas plates. Reservations are required and seating is limited.

Wear 'Em Out Wednesdays

Bring the family out to cool off. We'll have our Slip 'N' Slide® out and half-price rentals on kayaks or canoes to paddle the lake. Bring your own barbecue supplies and use one of our many grills around the park to enjoy the summer by the lake.

TRIPS & TOURS Design a Trip

Let us build a trip around your schedule! Consult with our professional trip planner to customize your adventure - from single-day excursions to a week-long getaway.

A Day in Victoria, BC

Explore this beautiful city with its beautiful architecture and old-world charm. Visit the Parliament Building, Craigdarroch Castle, Undersea Gardens, Butchart Gardens, and much more.

Ape Caves Lava Canyon

Mount St. Helens Ape Cave Lava Tube is a popular attraction in the Mount St. Helens National Monument and the longest lava tube in the continental United States at over two miles in length. Level III

Kangaroo and Exotic Animal Farm

The farm's menagerie of furry and feathered resi-

dents include kangaroos, wallabies, wallaroos, tortoise, llamas, lemurs, alpacas, Nigerian dwarf goats, parrots, emus and more.

Mount Rainier Tour

This beautiful and majestic volcanic mountain has views of beautiful waterfalls, majestic Douglas fir, red cedar and western hemlock trees, serene lakes and informative visitor centers.

Mount St. Helens Tour

Thirty-five years ago, the 5.1-magnitude earthquake caused the collapse of Mount St. Helens' northern flank. Get a close look at what

this eruption left behind and its vegetation and wildlife rebirth.

Oktoberfest in Mount Angel, Oregon

Celebrate the harvest German-style, stroll through town and listen to live music, view German/Bavarian landmarks, watch traditional Bavarian dances, enjoy the biergarten, winegarden, and much more.


Regional Glacier National Park Tour

During this week-long tour, we will explore beautiful Glacier National Park. Enjoy a laser light show, historic museums, a boat tour on Lake


McDonald and an alpine bus tour inside the park.

The 37th Annual Sand Sculptures Competition

View beautiful sand sculptures, experience the historic Plover Ferry and Drayton Harbor, explore a historic cannery museum, and a car show.


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LODGING & LEISURE

Whether you're looking to stay for business or pleasure, we have a lodging option for you! Centrally located on each base, our Navy Getaways and Navy Gateways Inns & Suites offer you a "home away from home" while traveling. We are committed to providing world-class service from the moment you arrive. Our accommodations range from hotel rooms, cottages and deluxe cabins to yurts, RV parks and tent camping sites.

NAVY GETAWAYS

Stay! Play! Relax! The Navy's Recreational Lodging Program, Navy Getaways, offers three quality recreational getaway locations in the Pacific Northwest. Eligibility: Active Duty, Reservists, Retirees, NAF or DoD civilians and sponsored guests. Make a reservation at www.navygetaways.com or call 1-877-NAVY-BED (6289-2333)!



RV Park & Campground

Cliffside Park Drive from Ault Field. Watch for the directional signs on base. Oak Harbor, WA 98278 360-257-2649 Customer Service Cabin Open Daily: 10 a.m.-6 p.m.

Nestled along the shoreline of Whidbey Island, Cliffside RV Park overlooks the Strait of Juan de Fuca, Vancouver Island, the San Juan Islands, and the Olympic Peninsula. With its awe-inspiring location, Cliffside offers the ambiance of shoreline living, an open window on an ever-changing marine environment, and unparalleled sunsets.



Recreation Area & Campground

21027 Jim Creek Rd. Arlington, WA 98223 425-304-5315/5363

Jim Creek Recreation Area is located just outside of Arlington, WA, about 90 minutes north of Seattle. Nestled in the foothills of the North Cascades, Jim Creek serves as a Naval Radio Station and regional outdoor recreation facility that is open year round. Seasonal activities include fishing, boating and the Alpine Tower climbing adventure (open Memorial Day through Labor Day).



Hotel, Cottages, RV Park, & Campground

108 First St. N Pacific Beach, WA 98571 360-276-4414 Front Desk Hours Friday: 7:30 a.m.-8 p.m. Saturday-Thursday: 7:30 a.m.-6 p.m.

Located on the Pacific coast, 15 miles north of Ocean Shores, the facility features reasonably priced hotel accommodations as well as fully-furnished 3-, 4-, and 5-bedroom cottages lining the ocean bluff, providing guests with panoramic ocean vistas. On-site amenities include Pac Beach

Market & Café, Raindrop Lanes, an exercise room, volleyball and basketball courts, clam-cleaning stations, a whale-watching tower, a recreation equipment rental center and lounge known for a variety of special events.



Navy Gateway Inns & Suites

Eligibility: Active Duty, Reservists, Retirees, NAF or DoD civilians and sponsored guests.

Traveling for weekends and holidays? Don't forget to check with NGIS for available rooms. Amenities include: FREE Internet access,



TIDE'S OUT RUN ON THE BEACH

Wednesday, July 3
11 a.m.-1 p.m. • FREE
The tide is low, so out in the mud we go!
NASWI Fitness Center & Navy Getaways Cliffside



ANNUAL POLYNESIAN LUAU

Saturday, Aug. 3
Enjoy a piece of the islands with a Hawaiian dinner and interactive show.
Navy Getaways Pacific Beach



CHRISTMAS IN JULY

Saturday, July 27
Noon-4 p.m. • FREE
Partner with Buddy the ELF to explore the Candy Cane Forest, play games, and make crafts!
Navy Getaways Jim Creek

refrigerator, housekeeping, fitness rooms, FREE premium cable TV, coffee, guest laundry, business centers and microwave. NGIS also offers pet-friendly accommodations. Call for details.

For reservations, call 1-877-NAVY-BED (628-9233)

Bangor

2750 Sargo Circle
Silverdale, WA 98315
877-628-9233

Nestled among the trees of Naval Base Kitsap Bangor, the Evergreen Lodge offers standard rooms and suites in a park-like setting. The new beds and upgraded linens ensure maximum guest comfort. Navy Gateway Inns & Suites combines all the comforts of a hotel, while specializing in official business accommodations.

Bremerton

120 S Dewey St.
Bldg. 865
Bremerton, WA 98314
877-628-9233

Located in the central hub of Naval Base Kitsap Bremerton, the facility offers an unobstructed view of Sinclair Inlet and is a comfortable home away from home. Standard rooms, suites with kitchenettes and extended-stay accommodations are available to meet a variety of needs and budgets. Navy Gateway Inns & Suites combines all the comforts of a hotel, while specializing in official business accommodations.

Smokey Point

13918 45th Ave. NE
Marysville, WA 98271
877-628-9233

Located approximately 20 minutes north of Naval Station Everett in the Smokey Point Navy Support Complex, the Navy

Gateway Inns & Suites, Eagle's Nest Inn offers standard rooms and suites. Navy Gateway Inns & Suites combines all the comforts of a hotel, while specializing in official business accommodations.

Whidbey Island

1175 W Midway St.
Bldg. 973
Oak Harbor, WA 98278
877-628-9233

Conveniently positioned on Naval Air Station Whidbey Island's Ault Field, which overlooks the San Juan Islands and Strait of Juan de Fuca, Navy Gateway Inns & Suites combines all the comforts of a hotel, while specializing in official business accommodations.

Stay at Navy Getaways in our Deluxe Camping Trailers

Just
\$95
a night



Available for rent at:

Cliffside
RV PARK CAMPING TRAILERS

Oak Harbor, WA

JIM CREEK
Navy Community Recreation Area

Arlington, WA

Open to active duty, retirees, reservists, DoD civilians, base contractors, families, and accompanied guests, unless otherwise noted.

www.navygetaways.com • 1-877-NAVY-BED



SUMMER SPLASHDOWN & 5K COLOR RUN

Saturday, Aug. 10

Noon-4 p.m. • FREE

Get blasted with color during our Technicolor DASH, and then spend time slipping and sliding.

Navy Getaways Jim Creek

www.navylifepnw.com/myffr



SIPS AND PAINTING (WINE & ADULT CRAFT)

Sunday, Aug. 18

7 p.m. • \$35, sign up at

Cliffside RV Park Office

Meet at the the Fireplace Pavilion, sip some wine and find your inner

Van Gogh or Picasso.

Navy Getaways Cliffside



GLASS FLOAT FRENZY

Saturday, Sept. 21

Starts at 8 a.m. • FREE

Comb the beach for glass floats.

Navy Getaways Pacific Beach

NAVY GETAWAYS EVENT CALENDAR JULY-SEPTEMBER 2019

DATE	EVENT/CLASS	TIME	PRICE	VENUE/HOST
ONGOING				
Ongoing	Deluxe Mallard RV Camper Rentals	Standard reservation and business hours	\$95/night	Jim Creek Navy Community Recreation Area and Cliffside RV Park
Daily, April-Sept. Road to Twin Lakes closes depending on weather	Twin Lakes at Jim Creek	7 a.m.-Dusk	Varies	Jim Creek Navy Community Recreation Area
Daily, Memorial Day-Labor Day	Jumping Pillow	Sun.-Thu.: 10 a.m.-4 p.m. Fri. & Sat.: 9 a.m.-7 p.m.	\$5 daily, \$8 two-day or \$28 family two-day	Jim Creek Navy Community Recreation Area
Saturdays, Memorial Day-Labor Day	Alpine Tower Ropes Course	10 a.m.-3 p.m.	\$15	Jim Creek Navy Community Recreation Area
Fri., July 5-Fri., Sept. 27	Campground Bingo (Fridays)	6-7 p.m.	FREE	Jim Creek Navy Community Recreation Area
Sat., July 6-Sat., Sept. 28	Guided Outdoor Activity (Saturdays)	10 a.m.	FREE	Jim Creek Navy Community Recreation Area
Sat., July 6-Sat., Sept. 28	Ice Cream Social (Saturdays)	Noon-3 p.m.	\$1.50 per scoop or two scoops for \$2	Jim Creek Navy Community Recreation Area
Sat., July 6-Sat., Sept. 28	Campground Movies (Saturdays)	6 p.m.	FREE	Jim Creek Navy Community Recreation Area
JULY				
Wed. 3	Tide's Out Run on the Beach. No chip timing and same-day registration.	11 a.m.-1 p.m.	FREE	NASWI Fitness Center to Cliffside RV Park
Thu. 4	Fireworks Shuttle	4 p.m.	FREE, sign up at Cliffside RV Park Office prior.	Cliffside RV Park
Fri. 5	Ice Cream Social	2-4 p.m.	FREE	Cliffside RV Park
Fri. 5	Sips and Painting (Wine & Adult Craft)	7 p.m.	\$35, sign up at Cliffside RV Park Office	Cliffside RV Park
Sat. 6	4th of July Holiday Weekend Barbecue	5 p.m.	FREE burgers & hot dogs, campers bring a side dish!	Cliffside RV Park
Sat. 6	Pacific Beach Tie-Dye Day	TBD	\$7 for custom Pacific Beach Tie-Dye T-shirt or \$2 for a towel. \$2 for supplies if you bring a garment.	Navy Getaways Pacific Beach
Tue. 9	Star Party-Saturn at Opposition	9 p.m.	FREE	Cliffside RV Park
Sat. 13	Skookum Obstacle Run*	9 a.m.-2 p.m.	\$10	Jim Creek Navy Community Recreation Area
Sat. 13	Moonlight Hike	9:30 p.m.	FREE	Cliffside RV Park
Sat. 13	Family Fun Day & Barbecue	All Day	FREE	Navy Getaways Pacific Beach
Mon. 15	National Ice Cream Day	2-4 p.m.	FREE	Cliffside RV Park
Sat. 20	Fortune Cookie Day	All day	FREE	Cliffside RV Park
Sat. 20	Night Hike	9:30 p.m.	FREE	Cliffside RV Park
Sat. 20	Pacific Beach Tie-Dye Day	TBD	\$7 for custom Pacific Beach Tie-Dye T-shirt or \$2 for a towel. \$2 for supplies if you bring a garment.	Navy Getaways Pacific Beach
Tue. 23	National Hot Dog Day	TBD	FREE	Cliffside RV Park
Sat. 27	Christmas in July	Noon-4 p.m.	FREE	Jim Creek Navy Community Recreation Area
Sat. 27	Star Party	9:30 p.m.	FREE	Cliffside RV Park
Sat. 27	Sips at Sunset	7 p.m.	\$10, includes souvenir glass. Sign up at Cliffside RV Park Office prior.	Cliffside RV Park

DATE	EVENT/CLASS	TIME	PRICE	VENUE/HOST
AUGUST				
Sat. 3	Sudz at Sunset for International Beer Day	7 p.m.	\$10, includes souvenir glass. Sign up at Cliffside RV Park Office prior.	Cliffside RV Park
Sat. 3	Disc Golf Day	All Day	FREE	Cliffside RV Park
Sat. 3	Coast Guard Birthday BOGO	All Day	Enjoy one FREE night when you purchase one or more nights.	Cliffside RV Park
Sat. 3	Polynesian Luau	TBD	TBD	Navy Getaways Pacific Beach
Sat. 10	Summer Splashdown & 5K Color Run*	Noon-4 p.m.	FREE	Jim Creek Navy Community Recreation Area
Sat. 10	National S'mores Day	7:30 p.m.	FREE! Most creative s'more wins a prize!	Cliffside RV Park
Sat. 10	Pacific Beach Tie-Dye Day	TBD	\$7 for custom Pacific Beach Tie-Dye T-shirt or \$2 for a towel. \$2 for supplies if you bring a garment.	Navy Getaways Pacific Beach
Mon. 12	Perseid Meteor Showers	9:30 p.m.	FREE	Cliffside RV Park
Fri. 16	International Geocaching Day	All day	FREE	Cliffside RV Park
Sat. 17	Kids' Craft Time	5 p.m.	Fees apply.	Cliffside RV Park
Sat. 17	Night Hike	9:30 p.m.	FREE	Cliffside RV Park
Sun. 18	Sips & Painting (Wine & Adult Craft)	7 p.m.	\$35, sign up at Cliffside RV Park Office	Cliffside RV Park
Fri. 23	Pet Nature Walk	11 a.m.-1 p.m.	FREE	Cliffside RV Park
Sat. 24	Luau	1-4 p.m.	Food available for purchase.	Cliffside RV Park
Tue. 27	Banana Lovers Day	TBD	FREE	Cliffside RV Park
Fri., Aug.30-Mon., Sept. 2	Kelper's Weekend		Various	Navy Getaways Pacific Beach
Sat. 31	Star Party	9:30 p.m.	FREE	Cliffside RV Park
Sat. 31	Pacific Beach Tie-Dye Day	TBD	\$7 for custom Pacific Beach Tie-Dye T-shirt or \$2 for a towel. \$2 for supplies if you bring a garment.	Navy Getaways Pacific Beach
SEPTEMBER				
Sun. 1	Solar Engraving Craft Time	1 p.m.	FREE	Cliffside RV Park
Sun. 1	Labor Day Barbecue	5 p.m.	FREE burgers and hot dogs, campers bring a side dish!	Cliffside RV Park
Fri. 13	Chocolate Day	All Day	FREE	Cliffside RV Park
Sat. 14	International Coastal Clean-up Day. Help Mother Earth by cleaning up the beach. Enjoy prizes and a hot-dog roast afterward.	1 p.m.	FREE	Cliffside RV Park
Wed. 18	Air Force Birthday	All Day	Enjoy one FREE night when you purchase one or more nights.	Cliffside RV Park
Sat. 21	End-of-Summer Blowout! Come join us for one last summer celebration with games, crafts, activities and more.	8 a.m.-5 p.m.	FREE	Jim Creek Navy Community Recreation Area
Sat. 21	Glass Float Frenzy	Starts at 8 a.m.	FREE	Navy Getaways Pacific Beach
Mon. 30	Hot Mulled Cider Day	All day	FREE	Cliffside RV Park

***May require advanced registration (see page 4 for instructions.) Events are subject to change or cancellation without prior notice. For the most up-to-date information, contact the venue/host directly or visit www.navylifepnw.com.**



SPORTS, FITNESS & AQUATICS

Our state-of-the-art fitness centers are here to help you achieve "fitness for life" and offer a variety of services and facilities to fulfill that goal. Individual and group instruction is available from certified professionals in cardiovascular conditioning, strength training, flexibility, and nutrition. Whether you are an expert or an amateur when it comes to sports, chances are we also have a league or tournament to fit your interests.

Bangor Fitness Complex

Ohio St., Bldg. 2700
Silverdale, WA 98315
360-315-2134

[nbkfitness](#)

[@navylifepnw.com](#)

Monday-Friday:

5 a.m.-9 p.m.

Saturday: 7 a.m.-7 p.m.

Sunday & Holidays:

8 a.m.-7 p.m.

Full-service, state-of-the-art fitness center featuring cardio equipment, FREE weights, TRX, spin bikes, outstanding group fitness classes, personal training and much more!

Bangor Aquatics Center

Located in the Bangor Fitness Complex
360-315-2131

Pool Hours

Summer Hours

Monday, June 24-Sat., Aug. 31:

Monday-Friday:

5 a.m.-7 p.m.

Saturday: 9 a.m.-3 p.m.

Recreation Swim:

Monday-Friday:

8 a.m.-7 p.m.

Saturday: 9 a.m.-3 p.m.

Starting Sunday, Sept. 1

5 a.m.-1 p.m. and

3 p.m.-7 p.m.

Recreation Swim:

Monday-Friday 8 a.m.-

1 p.m. and 3-7 p.m.

Saturday: 9 a.m.-3 p.m.

This facility is fully equipped to meet aquatic fitness and recreation needs: a 25-yard pool, 10 lap swimming lanes, 13-foot diving well with 1- and 3-meter spring-board diving boards and a 20-person hot tub. Water polo nets, balls and caps are available upon request. Ask about Kid's Birthday Party Packages.

Bremerton Fitness Center

120 S Dewey St.

Bldg. 1017

Bremerton, WA 98314

360-476-2231

[nbkfitness](#)

[@navylifepnw.com](#)

Monday-Thursday:

4 a.m.-9 p.m.

Friday: 4 a.m.-7 p.m.

Saturday: 7 a.m.-7 p.m.

Sunday & Holidays:

8 a.m.-7 p.m.

Bremerton Aquatics Center

Pool Hours

360-476-9416

Monday-Friday:

4:30-9 a.m. &

11 a.m.-7 p.m.

The Bremerton swimming pool is a 6-lane lap pool. We have fins, kickboards and pull buoys available for lap swim use as well as water aerobics equipment. There is an 8-man hot tub located on the pool deck.

Navy Youth Swim Test

Navy Fitness strives to educate parents and youth on pool safety and the dangers associated with unsupervised swimming. To attain full access to the Aquatics

Centers, all youths 17 and under must successfully pass the Navy Youth Swim Test.

Keyport Fitness Center

Open 24/7

This unmanned facility offers the best in cardio and strength fitness equipment, basketball and racquetball courts. CAC required for entry.*

Naval Hospital Fitness Center

Open 24/7

Located adjacent to Naval Hospital Bremerton. CAC required for entry.*

Waterfront Fitness Center

Open 24/7

Located on Naval Base Kitsap Bangor's lower base. The center offers the best in cardio and strength fitness equipment, full locker and

shower rooms, and a group exercise room. CAC required for entry.*

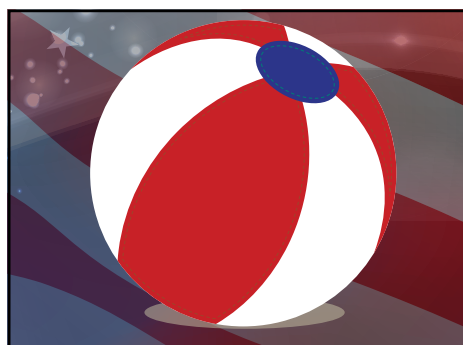
Admiral's Cup

Admiral's Cup allows Sailors who possess the athletic skills to compete on an all Navy Regional Installation team. They have the chance to represent their installation in NRNW tournaments.

Captain's Cup

Represents your Command in a variety of different team sports and activities, while earning points toward the Cup.

**Visit the Bangor or Bremerton Fitness Center to activate your CAC prior to use.*



FAMILY 4TH OF JULY POOL PARTY

Thursday, July 4

10 a.m.-3 p.m. • FREE

Cool down and enjoy inflatables, kids crafts, balloon twister, and more!

Bangor Aquatics Center



YOUTH FIRST AID AND CPR COURSE

Saturdays, July 13 & Aug. 10

Noon-2 p.m. • \$10 for ages 10-15

Recognize emergencies and basic steps to provide emergency care.

Includes CPR mask and first aid kit.

Bangor Fitness Center



DEER RUN 5K & 1-MILE

Saturday, July 27 • 10 a.m.

FREE for active duty and ages 17 & under, \$5 for 18+,

\$15 for T-shirt

Commemorative medal included with purchase of a T-shirt.

NAVMAG Indian Island

www.navylifepnw.com/myffr




SPORTS, FITNESS & AQUATICS EVENT CALENDAR

JULY-SEPTEMBER 2019

 = Admiral's Cup

 = For Kids

 = Captain's Cup

DATE	EVENT/CLASS	TIME	PRICE	VENUE/HOST
JULY				
Mon., July 1– Tue., Dec. 31	Fitness Incentive Program	Varies	FREE	Bangor and Bremerton Fitness Centers
Thu. 4	 Family 4th of July Pool Party	10 a.m.–3 p.m.	FREE	Bangor Aquatics Center
Mon., July 8– Fri., Aug. 2	English Channel Swim Challenge	Varies	FREE	Bangor and Bremerton Aquatics Centers
Mon. 8–Thu. 25	Morning Swim Lessons	Varies	\$50–\$70 depending on level	Bangor Aquatics Center
Sat. 13	 Youth First Aid and CPR Course*	Noon–2 p.m.	\$10	Bangor Aquatics Center
Mon. 15	Summer Warrior Games*	4:30–6:30 p.m.	FREE, \$15 for participant T-shirt	Bremerton Fitness Center
Wed. 17	Summer Warrior Games*	4:30–6:30 p.m.	FREE, \$15 for participant T-shirt	Bangor Fitness Center
Fri. 19	NOFFS 5-Hour Course*	7 a.m.–1 p.m.	FREE for active duty	Bangor Fitness Center
Mon. 22–Thu., Aug. 29	Evening Swim Lessons	Varies	\$50–\$70 depending on level	Bangor Aquatics Center
Sat. 27–Sat., Aug. 31	Saturday Swim Lessons	Varies	\$25–\$30 depending on level	Bangor Aquatics Center
Sat. 27	Deer Run*. Stroller and child-friendly. No dogs on course run, medals awarded to top three male and female finishers.	10 a.m.	FREE for active duty and under 17. \$5 for 18 and older. \$15 for T-shirt	NAVMAG Indian Island, NBK Fitness
Mon. July, 29– Fri. Aug. 2	CFL Course	7 a.m.–4:30 p.m.	FREE for active duty	Bangor Fitness Center
AUGUST				
Sat. 3	Summer Combine*	9 a.m.	FREE	Bangor Fitness Center
Mon. 5–Thu. 22	Morning Swim Lessons	Varies	\$50–\$70 depending on level	Bangor Aquatics Center
Sat. 10	 Youth First Aid and CPR Course*	Noon–2 p.m.	\$10 for ages 10–15	Bangor Aquatics Center
Fri. 16	NOFFS 5-Hour Course*	7 a.m.–1 p.m.	FREE for active duty	Bremerton Fitness Center
SEPTEMBER				
Sat. 14	 POW*MIA 5K*. Stroller and child-friendly. No dogs on course run, medals awarded to top three male and female finishers.	9 a.m.	FREE, \$15 for T-shirt	Bangor Fitness Center
Thu. 19	Adult and Pediatric First Aid, CPR and AED*	9 a.m.–2 p.m.	\$40	Bremerton Fitness Center
Fri. 20	NOFFS 5-Hour Course*	7 a.m.–1 p.m.	FREE for active duty	Bangor Fitness Center
Wed. 25	Mission Nutrition*	7:30 a.m.–3 p.m.	FREE	Bangor Fitness Center
Sat. 28	Powerlifting Clinic*	10 a.m.	FREE	Bangor Fitness Center

Activities are open to eligible male and female patrons ages 18+, unless otherwise noted. Events are subject to change or cancellation without prior notice. For the most up-to-date information, contact the venue/host directly or visit www.navylifepnw.com.

(*) Requires advance registration online at www.navylifepnw.com/myffr (see page 4 for instructions) or contact venue/host.



Morning and Evening Swim Lessons
at Bangor Aquatics Center



State-of-the-art equipment at
Bangor and Bremerton Fitness Centers



COMMAND FITNESS LEADER (CFL) COURSE

Mon., July 29–Fri., Aug. 2
7 a.m.–4:30 p.m.

FREE for active duty
Bangor Fitness Center
www.navyfitness.org/fitness/cfl-information



POW*MIA 5K

Saturday, Sept. 14

9 a.m. • FREE, \$15 for T-shirt
Run in honor of any POW*MIA or
deployed active duty personnel.
Bangor Fitness Complex
www.navalifepnw.com/myffr

FREE!



MISSION NUTRITION CLASS

Wednesday, Sept. 25
7:30 a.m.–3 p.m.

Bangor Fitness Center

Open to Active Duty, Retirees,
DoD Civilians and
Active Duty/Retiree Family Members.

For more information call 360-315-2134.

EVENT/CLASS DESCRIPTIONS

FITNESS

Command Fitness Leader (CFL) Course

A 40-hour mandatory training for those Sailors appointed to be their Command CFL. ACFL's are not required to take this course, but are highly encouraged to attend. Register by Monday, July 15. All applications MUST be submitted to CNIC two weeks prior to class start date.

Fitness Incentive Program

Designed to keep you motivated on your journey to a healthy lifestyle. Earn awards while staying active. Points are assigned for time spent working out, not speed, mileage, strength, or endurance—you set your personal limits!

Mission Nutrition

A standardized, science-based course focused on improving your nutritional knowledge and awareness. You will learn about a variety of everyday nutrition topics and ways to improve

your eating habits, as well as your overall health. Topics include: Food Shopping Meal Planning and Eating Out, Emotional and Mindless Eating, Fad Diets, Hot Topics, Food Myths and Reading Labels, and Intro to Operation.

NOFFS 5-Hour Course

Navy Operational Fitness and Fueling System (NOFFS) workouts are specifically designed to meet the specialized needs of the USN Sailor. Learn more about each organized series: Operational, Strength, Endurance and Sandbag.

Powerlifting Clinic

A 3-hour clinic focusing on basic technique of the squat, bench press and dead lift. Class time will include instruction followed by class participation to improve individual form, and training variations. This clinic will focus on the raw powerlifter.

Summer Combine

A series of challenging events inspired by professional football

combines, which test the strength, speed, agility and endurance of competitors. Events include 40-yard dash, bench press, vertical jump, 20-yard shuffle and 3-cone drill.

Summer Warrior Games

Open to men and women. A combination of events testing the strength and endurance of each competitor. Events will be incorporated into the weekly warrior classes at each base leading up to the Warrior Games.

AQUATICS

Adult and Pediatric First Aid, CPR and AED

This American Red Cross course will result in a 2-year certification in Adult and Pediatric First Aid, CPR and AED.

English Channel Swim Challenge

Take this virtual swim challenge as you attempt the 21-mile journey across the Strait of Dover. Track your distance

at either aquatic center. Prizes will be awarded to all finishers who complete the swim in four weeks.

Evening Swim Lessons

Classes meet twice per week, either Monday/Wednesday or Tuesday/Thursday, for six weeks. Class duration varies by skill level. Class Dates: Monday, July 22 to Thursday, Aug. 29, registration is open Wednesday, July 10–Sunday, July 21.

Morning Swim Lessons

Classes meet four times per week, Monday–Thursday, for two weeks. Class times vary by level with our earliest classes beginning at 10 a.m. and our latest classes beginning at Noon.

Session 1: Monday, July 8–Thursday July 25, registration is open Saturday, June 24–Sunday, July 7

Session 2: Monday, August 5–Thursday, August 22, registration is open Wednesday, July 24–Monday, Aug. 5



Visit www.navalifepnw.com for current Group Fitness Class Schedule.

ATTENTION!

CALLING ALL JUNIOR SERVICE MEMBERS!*



FREE, DISCOUNTED, FUN, AFFORDABLE ACTIVITIES

to get you out and enjoying the
GREAT PACIFIC NORTHWEST.

*Young Adult (E1-E6)

LIBERTY-eligible only.



HOLIDAY PARTIES



PAINTBALL



BARRACKS BASH



VANCOUVER TRIPS



RECREATION TRIPS



VOLUNTEERING OPPORTUNITIES



ADVENTURE



COOKING CLASSES



BUBBLE SOCCER



TOURNAMENTS

★★★★★
Visit your nearest LIBERTY Center for more information and a calendar of events. Or visit LIBERTY online at <https://kitsap.navylifepnw.com/recreation/liberty-single-sailor-program>
Bangor: 360-396-2151
Bremerton: 360-476-3178
Download the NavyLife PNW App today!
★★★★★



INTRAMURAL SPORTS

LEAGUES AND TOURNAMENTS TO FIT YOUR INTERESTS!

Experts and amateurs enjoy regularly scheduled leagues throughout the year, including volleyball, flag football, golf, basketball, softball, and more.

REGIONAL TEAMS: Play for Team Navy as our region takes on Soldiers and Airmen from Joint Base Lewis-McChord each year in Flag Football, Ice Hockey, and more.

ADMIRAL'S CUP: Lead your Base to victory by competing against the other Naval Bases in our region.

CAPTAIN'S CUP: Represent your Command in a variety of different team sports and activities, while earning points toward the Cup.

TOURNAMENTS: Various tournaments are scheduled throughout the year, including Racquetball, Dodgeball, and Basketball.



For more information, contact
nbk.fitness@navylifepnw.com,
or Bangor Fitness: 360-315-2132
or visit www.navylifepnw.com.



CHILD & YOUTH PROGRAMS

Our Child & Youth Programs are committed to supporting military and DoD civilian families by recognizing the uniqueness of each family's lifestyle and needs. In addition to childcare, we provide age-appropriate recreational and educational programs for youth before and after school, as well as summer day camps, homework help and field trips.

Childcare

Child Development Centers (CDC) care for children 6 weeks to 5 years of age. All centers are accredited by the National Association for the Education of Young Children.

NBK-Bangor
Child Development Center
2902 Ohio St.
Silverdale, WA 98315
360-396-5920

NBK-Bremerton
Bremerton Infant & Toddler Center
1141 U St.
Bremerton, WA 98314
360-627-2974

Jackson Park Child Development Center
The Landings
100 Olding Rd.
Bldg. 779
Bremerton, WA 98312
360-476-8666

Child Development Homes (CDH)
Our certified Child Development Homes care

for children from birth through 12 years of age. Homes are additionally licensed by the State of Washington.

Kitsap CDH Office
The Landings
90 Olding Rd.
Bldg. 780,
Bremerton, WA 98312
360-476-7484

School-Agers/Teens
Our School-Age Care (SAC) program is designed to provide piece of mind for children 5-12 years of age.

We also offer safe activities for teens.

Admiral Boorda Teen Center (ABC)
4168 Greenfish Circle
NBK-Bangor
360-396-2065
ABC Library books available for checkout.

Jackson Park School-Age Care/ Youth & Teen Center
The Landings
781 Wencker Way
Bremerton, WA 98312
360-627-2041

Litehouse School-Age Care
2903 Ohio St.
Silverdale, WA 98315
360-396-2463

School Liaison Officer
Jackson Park Community Center
90 Olding Rd.
Bremerton, WA 98312
360-340-2824
nbk.slo@navylifepnw.com
Monday-Friday:
7:30 a.m.-5 p.m.
Call for an appointment.

CHILD & YOUTH PROGRAMS EVENT CALENDAR JULY-SEPTEMBER 2019

DATE	EVENT	TIME	PRICE	VENUE/HOST
ONGOING				
Tuesdays	Story Time. Interactive storytelling, puppets, storyboards and songs.	10 a.m.-Noon	FREE for ages 6 & under. Parent/guardian must be present.	Admiral Boorda Teen Center
Wednesdays	Mommy & Me. Playgroup to meet and interact with other children.	10 a.m.-Noon	FREE for ages 6 & under. Parent/guardian must be present.	Admiral Boorda Teen Center
JULY-AUGUST				
July-August	Youth Sports & Fitness	Varies	Price TBD for ages 3-18.	TBD
Thu., July 18	Parent Involvement Board Meeting	TBD	FREE	Jackson Park Community Center



TEEN SCHOLARSHIP OPPORTUNITY
MILITARY YOUTH OF THE YEAR
The premier recognition program for Navy Youth Programs teen members.
360-396-2065



TEEN TRIPS & ACTIVITIES
Your teen can participate in planning day trips and activities!
360-596-2065 or 360-396-2463



YOUTH SPORTS & FITNESS
July-August
Sports opportunities for ages 3-18.
360-396-2463 or 360-396-2065

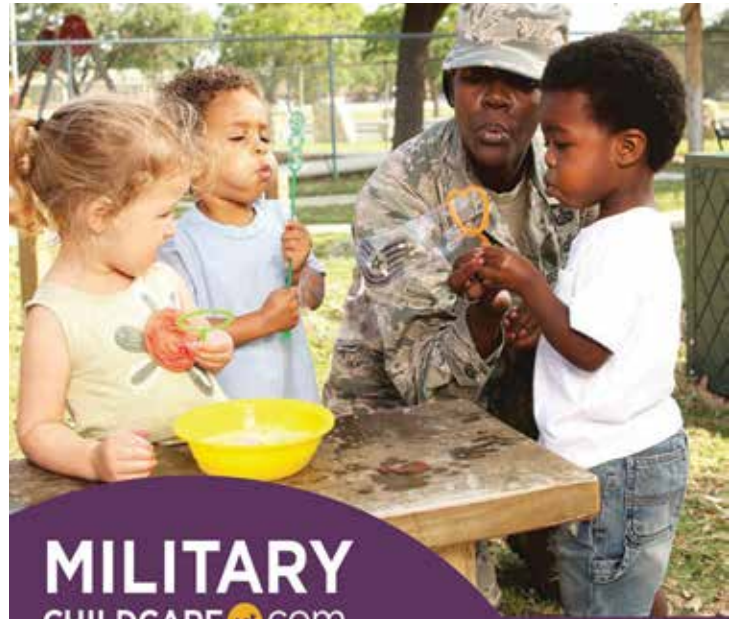
Naval Base Kitsap
**NAVY SCHOOL
LIAISON OFFICER**

Connecting Military Families,
Commands and K-12 Schools

360-340-2824
nbk.slo@navylifepnw.com



Connect with us at
www.navylifepnw.com



MILITARY
CHILDCARE dot COM

We care for your children
while you protect America

A Department of Defense (DoD) program that makes it easier
to find the child and youth care your family needs.

MyNavy Family App
MyNavy Family App combines the strength
of more than **22 websites** to connect Navy
spouses and families to information and
resources when and where they need it.
download today at applocker.navy.mil

Connecting Navy families to
accurate information and
resources to help them flourish
while living the Navy lifestyle.

- ✓ Accurate and timely
information for spouses and
families
- ✓ Minimizes acronyms, user
friendly tools
- ✓ Useful links to popular Navy
sites like the Navy Exchange,
Commissary, and the Fleet
and Family Support Center
- ✓ Employment resources
- ✓ Spouse mentoring support



@navyseawarrior



@Navy Sea Warrior



@Navy Sea Warrior



Developed by the Navy community for the Navy community.



SUPPORT PROGRAMS

The Fleet & Family Support Program is here to support you and stands ready to assist with every career and life change. Contact our Centralized Scheduling Center for individual, marriage and family counseling, class reservations, individual resume assistance, financial counseling, relocation assistance or deployment/mobilization support anywhere in the Pacific Northwest.

Centralized Scheduling

866-854-0638

ffsp.cnrnw@navy.mil

Fleet & Family Support Center (Blue)

2901 Barbel St.

Silverdale, WA 98315

866-854-0638

Monday-Thursday:

7:30 a.m.-5 p.m.

Friday: 7:30 a.m.-4 p.m.

Fleet & Family Support Center (Gold)

1099 Tautog Circle

Silverdale, WA 98315

866-854-0638

Monday-Thursday:

7:30 a.m.-5 p.m.

Friday: 7:30 a.m.-4 p.m.

Navy Gold Star Call Center

888-509-8759

24/7 SAPR Advocate

360-340-7037

DoD Safe Helpline

877-995-5247

24/7 Sexual Assault Response Coordinator (SARC)

360-340-7156

EVENT/CLASS DESCRIPTIONS

Anger Management (6-session class)

Must attend all six sessions to receive a completion certificate.

Baby Indoc

This class is part of the New Parent Support & Home Visitation (NPSHV) Program and aids parents in learning how to care for and bond with their newborn.

Basic Resume

Define what employers want in a quick, easy, and direct format.

Command Financial Specialist (CFS) Continuing Education-Survivor Benefits and Insurance

This 1-hour course provides basic information on the key provisions of the Survivor Benefit Plan (SBP).

Communicating for Healthy Relationships (Webinar)

Work on improving your communication skills to build and maintain healthy relationships.

Conflict Resolution

Learn how to create a peaceful environment by examining attitudes and behaviors when peace turns into conflict.

Credit Management and Credit Reporting

Provides valuable information on establishing a credit history, choosing and using credit and debit cards, debt-to-income ratio, credit reports and effectively managing your credit.

Credit... What's the Big Deal? (Webinar)

Is credit really that important? This workshop looks at how credit is

used, who can access it and why it's important to use credit responsibly.

Daddy Boot Camp

Learn what it takes to be a great dad. This class is part of the New Parent Support & Home Visitation (NPSHV) Program.

Domestic Violence (DV) and Sexual Assault (SA)

Executive Leadership Training

Mandatory for all newly appointed Commanding Officers, Executive Officers, Command Master Chiefs and Chiefs of the Boat.

Effective Communication

Discover the ability to express what we think and feel without clouding our ability to listen and

(Descriptions continue on page 29.)



SPOUSE CERT (CAREER EDUCATION, RESOURCES, TRAINING)

Mondays,

July 8 • 10 a.m.-Noon

July 22 • 5:30-7:30 p.m.

INDOC

Thursday, July 11 • 5-6 p.m.
FFSC Blue



OMBUDSMAN APPRECIATION DINNER

Friday, Sept. 6 • 6-10 p.m.

Thank you Ombudsmen for your unending service and support of our military families.

Bangor Plaza Ballroom

360-396-4115/5137



BELLS ACROSS AMERICA

Thursday, Sept. 26 • 9-10 a.m.

Bells will ring in honor and remembrance of the fallen.

Bangor Chapel

FLEET & FAMILY SUPPORT EVENT CALENDAR JULY-SEPTEMBER 2019

DATE	EVENT/CLASS	TIME	VENUE/HOST
JULY			
Mondays, July 1-Aug. 5	Anger Management (6-session class)	1:30-3:30 p.m.	FFSC Blue
Tue. 2	Basic Resume	1-3 p.m.	FFSC Blue
Tue. 2-Wed. 3	Transition GPS: Boots to Business Career Track	8 a.m.-4 p.m.	Bldg. 1013, Bremerton
Mon. 8	Spouse CERT	10 a.m.-Noon	FFSC Blue
Mon. 8-Fri. 12	Transition Goals Plans Succeed	7 a.m.-4:30 p.m.	Bldg. 1013, Bremerton
Wed. 10	Stress Management 101	1:30-3:30 p.m.	FFSC Blue
Thu. 11	Transition GPS: CAPSTONE Event	9-11 a.m. or 1-3 p.m.	Bldg. 1013, Bremerton
Thu. 11	Smooth Move	10 a.m.-Noon	FFSC Blue
Thu. 11	Webinar: Credit... What's the Big Deal?	11 a.m.-Noon	Online
Thu. 11	Spouse Indoc	5-6 p.m.	FFSC Blue
Fri. 12	Credit Reporting and Credit Management	10 a.m.-Noon	FFSC Blue
Mon. 15-Fri. 19	Transition Goals Plans Succeed	7 a.m.-4:30 p.m.	Bldg. 1013, Bremerton
Mon. 15-Fri. 19	Initial SAPR Unit Victim Advocate (UVA) Training	7:30 a.m.-4:30 p.m.	FFSC Blue
Tue. 16-Wed. 17	Million Dollar Sailor	8 a.m.-3 p.m.	FFSC Blue
Thu. 18	EFMP Command POC Training	9-11:30 a.m.	FFSC Blue
Thu. 18	EFM/IA Bowling	2-4 p.m.	Bangor Olympic Lanes
Fri. 19	Baby Indoc	1-4 p.m.	FFSC Blue
Mon. 22-Fri. 26	Transition Goals Plans Succeed (Executive)	7 a.m.-4:30 p.m.	FFSC Blue
Tue. 23-Thu. 25	Ombudsman Basic Training	9 a.m.-4 p.m.	FFSC Blue
Fri. 26	Home Buying Seminar	10 a.m.-Noon	FFSC Blue
Mon., July 29- Fri., Aug. 2	Transition Goals Plans Succeed	7 a.m.-4:30 p.m.	FFSC Blue
Tue. 30	Transition GPS: CAPSTONE Event	9-11 a.m. or 1-3 p.m.	FFSC Blue
Tue. 30	Final Move	11:30 a.m.-12:30 p.m.	FFSC Blue
Tue. 30	Spouse CERT	5:30-7:30 p.m.	FFSC Blue
Wed. 31	Moving with an EFM	10 a.m.-Noon	FFSC Blue
AUGUST			
Thu. 1, 8, 15, 22	Stress Management (4-session class)	9-11 a.m.	FFSC Blue
Thu. 1	Sponsorship Training	10 a.m.-Noon	FFSC Blue
Thu. 1	Preparing for FAFSA	2-4 p.m.	FFSC Blue
Mon. 5-Fri. 9	Transition Goals Plans Succeed	7 a.m.-4:30 p.m.	Bldg. 1013, Bremerton
Mon. 5	FRG: Session A	9 a.m.-1:30 p.m.	FFSC Blue
Tue. 6	DV and SA Executive Leadership Training	8:30 a.m.-Noon	Bldg. 1099, Bangor
Tue. 6	Transition GPS: CAPSTONE Event	9-11 a.m. or 1-3 p.m.	Bldg. 1013, Bremerton
Tue. 6	Final Move	11:30 a.m.-12:30 p.m.	Bldg. 1013, Bremerton
Tue. 6, 13, 20	Infant Massage	1-2:30 p.m.	3195 Bonefish Circle, Community Center, Bangor
Wed. 7-Thu. 8	Transition GPS: Accessing Higher Education Career Track	8 a.m.-4 p.m.	FFSC Blue
Wed. 7	CFS Continuing Education-Survivor Benefits and Insurance	1-3 p.m.	FFSC Blue
Thu. 8	Relationship Resources	1-3 p.m.	FFSC Blue
Fri. 9	EFM/IA Swim	2-4 p.m.	Bangor Aquatics Center
Mon. 12-Fri. 16	Transition Goals Plans Succeed	7 a.m.-4:30 p.m.	Bldg. 1013, Bremerton
Tue. 13	Initial Unit SAPR POC Training	7:30 a.m.-4:30 p.m.	FFSC Blue
Tue. 13-Wed. 14	Transition GPS Career Exploration and Planning Track	8 a.m.-4 p.m.	Bldg. 1013, Bremerton
Wed. 14-Thu. 15	Unit Victim Advocate Refresher Training	8 a.m.-5 p.m.	FFSC Blue
Thu. 15	Federal Job Application Process	1-4 p.m.	FFSC Blue
Fri. 16	Thrift Savings Plan	10-11:30 a.m.	FFSC Blue
Mon. 19-Fri. 23	Transition Goals Plans Succeed	7 a.m.-4:30 p.m.	FFSC Blue
Mon. 19	FRG: Session B	9 a.m.-1:30 p.m.	FFSC Blue
Mon. 19	Webinar: Communicating for Healthy Relationships	1-2 p.m.	Online
Tue. 20	Interviewing Skills	1-3 p.m.	FFSC Blue
Tue. 20	Basic Resume	5:30-7:30 p.m.	FFSC Blue
Wed. 21-Thu. 22	Military to Manufacturing	8 a.m.-4 p.m.	FFSC Blue

DATE	EVENT/CLASS	TIME	VENUE/HOST
AUGUST CONTINUED			
Mon. 26–Fri. 30	Transition Goals Plans Succeed	7 a.m.–4:30 p.m.	FFSC Blue
Tue. 27	Baby Indoc	1–4 p.m.	FFSC Blue
Wed. 28	Effective Communication	1–3 p.m.	FFSC Blue
Thu. 29	Transition GPS: CAPSTONE Event	9–11 a.m. or 1–3 p.m.	FFSC Blue
Fri. 30	Investing 101	10 a.m.–Noon	FFSC Blue
SEPTEMBER			
Wed. 4–Thu. 5	CONSEP First-Term	8 a.m.–4 p.m.	FFSC Blue
Wed. 4	Conflict Resolution	1–3 p.m.	FFSC Blue
Thu. 5	Daddy Boot Camp	5–7 p.m.	FFSC Blue
Fri. 6	Ombudsman Appreciation Dinner	6–10 p.m.	Bangor Plaza Ballroom Call 360–396–4115/5137 for reservations
Mon. 9–Fri. 13	Transition Goals Plans Succeed	7 a.m.–4:30 p.m.	Bldg. 1013, Bremerton
Mon. 9– Fri. 13	Initial SAPR Unit Victim Advocate (UVA) Training	7:30 a.m.–4:30 p.m.	FFSC Blue
Mondays, Sept. 9–Oct. 21	Anger Management (6-session class)	1:30–3:30 pm	FFSC Blue
Tue. 10	Transition GPS: CAPSTONE Event	9–11 a.m. or 1–3 p.m.	Bldg. 1013, Bremerton
Tue. 10	Preparing for the Job Fair	1–3 p.m.	FFSC Blue
Wed. 11	Myers–Briggs Personality Test	7:30 a.m.–4:30 p.m.	FFSC Blue
Thu. 12– Thu., Nov. 14	Positive Parenting	9–11 a.m.	Bldg. 1099, Bangor
Thu. 12	Welcome Aboard	10 a.m.–Noon	FFSC Blue
Thu. 12	Webinar: Ready or Not...	11 a.m.–Noon	Online
Thu. 12	Spouse Indoc	1–2 p.m.	FFSC Blue
Mon. 16–Fri. 20	Transition Goals Plans Succeed	7 a.m.–4:30 p.m.	FFSC Blue
Mon. 16	EFM/IA Movies	5–8 p.m.	Bangor Cinema Plus Theater
Sat. 21	Fall Job Fair	10 a.m.–3 p.m.	Kitsap County Fairgrounds and Events Center
Tue. 24	Baby Indoc	1–4 p.m.	FFSC Blue
Tue. 24	Smooth Move	5:30–7:30 p.m.	FFSC Blue
Wed. 25	Spouse Transition and Readiness Table-Talk (START)	8:30 a.m.–4 p.m.	FFSC Blue
Thu. 26	Bells Across America	9–10 a.m.	Bangor Chapel
Thu. 26	Transition GPS: CAPSTONE Event	9–11 a.m. or 1–3 p.m.	FFSC Blue
Thu. 26	Final Move	11:30 a.m.–12:30 p.m.	FFSC Blue
Mon. 30– Fri., Oct. 4	Transition Goals Plans Succeed	7 a.m.–4:30 p.m.	Bldg. 1013, Bremerton
Mon. 30– Fri., Oct. 4	Initial SAPR Unit Victim Advocate (UVA) Training	7:30 a.m.–4:30 p.m.	FFSC Blue

All events and classes are FREE unless otherwise noted. Dates and times are subject to change without prior notice. Advance registration may be required, call 866–854–0638 to register. For the most up-to-date information, contact the venue/host directly or visit www.navylifepnw.com.



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www.navywoundedwarrior.com

EVENT/CLASS DESCRIPTIONS CONTINUED

respect how others think and feel.

Exceptional Family Member Program (EFMP) Command POC

This class discusses the benefits of the EFMP program, the enrollment process for eligible sponsors, and the role of the Command POC in facilitating navigation through the EFM program.

Family Readiness Group (FRG) Training

Provides support to families before, during, and after deployment.

Federal Job Application Process

Job search, account creation, resume building, applying, and interviewing techniques.

Home Buying Seminar

Examine the entire process of buying a home as well as an update on local market conditions.

Interviewing Skills

Valuable interviewing tips and opportunity to practice frequently asked interviewing questions in a supportive, realistic environment.

Infant Massage

Learn how to massage your baby to help with stress, discomfort, and improve sleep through nurturing touch. This class is part of the New Parent Support & Home Visitation Program.

Investing 101

Are you ready to have your money start working for you? Learn the basics of investing and take the mystery out of how investments can fit into achieving your financial goals.

Job Fair

Career Day for military spouses, separating and

retiring service members. Many employers with local, nationwide and Federal job opportunities will be here to answer your questions.

Military to Manufacturing (M2M)

A program for military members in partnership with the Center for Advanced Manufacturing Puget Sound (CAMPS).

Million Dollar Sailor

A 2 1/2-day seminar designed to educate and assist sailors and their families in their quest to have a better quality of life with more financial choices. It teaches sound money management principles that can assist Sailors and their families with specific transitions.

Myers-Briggs Personality Test

Learn how you perceive or take in information, recognize your own personal style, and find the right career to match your style.

Ombudsman Appreciation Dinner

Navy Family Ombudsmen will be celebrating years of dedicated service to families through a special dinner and recognition ceremony.

Ombudsman Basic Training

A 9-module seminar which includes: confidentiality, command relationships, communicating with families, information and referral services, basic deployment support issues, and more.

Positive Parenting

This class is a 10-week course designed for parents with children of all ages.

Preparing for the Job Fair

This workshop will provide help to prepare you for a successful job fair by covering dress/attire,

networking, goal setting, research, and follow-up.

Ready or not... (Webinar)

The big "something" emergency is going to happen. That "something" could be a fire or an earthquake. Are you and your family members prepared?

Relationship Resources

Highlights elements of healthy relationships, strategies used in resolving differences, and the unique challenges faced by military couples. Also available as a webinar.

Smooth Move

Tips and techniques for addressing the most prevalent military relocation issues.

Sponsorship Training

Benefits of sponsorship, a checklist of sponsor duties and responsibilities, and a helpful timeline for streamlining the sponsorship process.

Spouse CERT (Career, Education, Resources, Training)

Information and resources unique to military spouses and assists in the advancement of professional and personal life.

Spouse Indoc

Incorporates resources available to all active duty members and families, focusing on Fleet & Family Support Center services available to military spouses.

Spouse Transition and Readiness Table-Talk (START)

Is your service member retiring or separating? This is the class for spouses wanting to prepare for "what is next".

Stress Management

This workshop introduces the Stress Continuum, and provides a foun-

ation for knowledge opportunities to use skills to better manage stress.

Thrift Savings Plan

Learn the basics of the savings plan, how to enroll, investment options, and withdrawal and loan issues.

Transition GPS: Technical Training Career Track

Designed for individuals interested in a trade or technical field for employment.

Transition GPS: Accessing Higher Education Career Track

Research institutes of higher learning and various degree options.

Transition GPS: Boots to Business Career Track

Valuable information for transitioning service members and spouses considering starting a business after military service.

Transition GPS Capstone

Completion of this activity demonstrates that service members have met their Career Readiness Standards (CRS) and have received the transition services mandated by the DoD.

Welcome Aboard

This class provides incoming service members and their families with current information on military and civilian resources available in the Puget Sound area.

SPECIAL PROGRAMS

Living Intentionally Fully and Effectively (L.I.F.E.) Group

Join the group to connect with other people and share your journey of personal growth. Open to both men and women!

Navy Gold Star Program

Navy Gold Star services provide support to surviving family members of Sailors who died while on active duty, no matter the cause of death. Survivors remain part of the Navy Family and are welcome at any Fleet & Family Support Center (FFSC) for as long as they desire.

Sexual Assault Prevention & Response (SAPR) Program

SAPR provides 24/7 services and support to assist victims of sexual assault and aims to reduce the incidence of sexual assault committed by or against military service members, their families, and civilians.

Submerged

A teen-centered program that strives to foster healthy teenage development. Fleet and Family Victim Advocates facilitate Submerged. Register with the Child and Youth Programs at 360-396-4853 or 360-396-7007.

Survivors Overcoming Assault with Resiliency (SOAR) Support Group

A free 10-12-week psycho-educational support group for survivors of sexual violence. This small, confidential group is designed for adult women and men, 18 and over.



HOUSING SERVICES

Your installation Housing Service Center (HSC) is your source for helpful and friendly information about available housing options at any installation worldwide. Call or visit your installation HSC to learn more about our wide range of services including safe and affordable pre-screened community housing listings, personalized counseling and more.

Housing Service Center

Bangor Plaza
2720 Ohio St., Bldg. 2720
Silverdale, WA 98315
800-876-7022
Monday-Friday:
7 a.m.-4:30 p.m.

Unaccompanied Housing

Bangor/Keyport
Check-in: Navy Gateway
Inns & Suites
Ohio St., Bldg. 2750
Silverdale, WA 98315
360-930-6830

Bremerton
Check-in: Navy Gateway
Inns & Suites
120 S Dewey St.,
Bldg. 865
Bremerton, WA 98314
360-824-3337

Naval Hospital
Check-in: Naval Hospital
Bremerton - Schon Hall
1 Boone Rd.
Bldg. HP05
Bremerton, WA 98312
360-475-4334

After-hours Emergency Maintenance

360-340-2297

Housing services:

- Pre-screened community housing listings.
- Personalized counseling to find what will work best for your situation, including exceptional family member needs.
- Lease services, including review and explanation of lease terms and lease negotiation.
- Subject matter experts

who can assist you with the Service Members Civil Relief Act (SCRA) or any landlord/tenant disputes that you have been unable to resolve on your own.

- Housing representatives who can document basic health or safety conditions in the home.
- Outbound services to help you with housing at your next destination.
- Local maps, fax services and more, all available at no cost to you!

Homes.mil, your FREE online resource

Check out HOMES.mil, the only DoD-sponsored rental listing website used by Military Housing

Offices around the world. Service members and their families can view property listing details, contact Property Managers by email, compare multiple listings and map rental properties without logging in. Property managers and landlords can also use this service to list their rentals. For more information, contact your installation HSC.

Online Barracks Maintenance Requests

Available 24/7, residents can submit non-emergency maintenance requests through the online maintenance request program at www.navylifepnw.com. It's fast and easy.

Requests are sent to our Maintenance Tracking Program and are reviewed daily by UH Building Managers. Residents receive an email confirmation when their maintenance requests are received, assessed, and completed.

Tell Us What You Think

Your Unaccompanied Housing Office offers a Continuous Improvement Survey (CIS). We highly encourage your participation in the CIS. A hard copy of the survey can be obtained from any UH staff member. The survey can also be found online at www.surveymonkey.com/r/99PGGY7

HOUSING SERVICE CENTER

Let us help you!

Visit any Housing Service Center (HSC) for:

- Lease Services
- Referral Counseling
- Family Housing Application
- Landlord/Tenant Resolution Services
- Navy Advocate for you and your family when housing maintenance, health or safety issues arise
- Outbound Services
- and more!

All military personnel are required to check in with the Housing Service Center (HSC). This should be accomplished prior to making any arrangements for community housing. The office maintains a complete computerized listing covering almost all the rental properties in your local area.



**Naval Base Kitsap
Housing Service Center**
Bangor Plaza
2720 Ohio Street
Silverdale, WA 98315
360-396-4399
nbk-housing@navylifepnw.com

**NAVSTA Everett
Housing Service Center**
2000 W. Marine View Drive
Bldg. 2028
Everett, WA 98207
425-304-3402
everett-housing@navylifepnw.com

**NAS Whidbey Island
Housing Service Center**
3675 W. Lexington St.
Bldg. 2556
Oak Harbor, WA 98278
360-257-3331
whidbey-housing@navylifepnw.com

(800) 876-7022

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Celebrate the Sounds of Summer across Navy Region Northwest

LIVE Music EVENTS

NAVAL STATION EVERETT

Party in the Plaza

Thursday, Aug. 15 • 3-6 p.m.

Jackson Plaza

Enjoy laser tag, kids' activities, Barbecue
and the Armed Forces Kids' Fun Run!

425-304-3579

NAVAL AIR STATION WHIDBEY

5th Annual MWR Appreciation Concert

Friday, Aug. 16 • 6 p.m.

Seaplane Base Across from the NEX

Food trucks, a bounce house,
children's activities, and more!

360-257-2432

Wine & Jazz Festival

Friday, Sept. 6 • 6-10 p.m.

Seaplane Base Across from the NEX

Enjoy regional wine specialties
and the smooth sounds of jazz!

360-257-2432

NAVAL BASE KITSAP

Summer Concert

Saturday, Aug. 17 • Time TBD

Jackson Park

Inflatables, Beer Garden, Barbecue
and more!

360-476-3178

Events are **FREE**
to all personnel
with base access,
their families,
and guests.



Contact your local MWR Community Recreation Office
for more information.

www.navylifepnw.com

