



PROPER ATTIRE CNRNW POLICY

Proper gym attire, shirts, and athletic shoes are required at all times.

Are you wearing the proper workout attire?

See examples below; if necessary, change your clothing.

YES

TOP

- Long sleeve, T-shirts, or tank tops

BOTTOM

- Long pants and shorts which appropriately cover bottom area

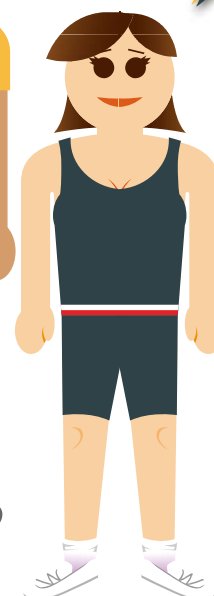
FEET

- Appropriate athletic shoes

Excellent!



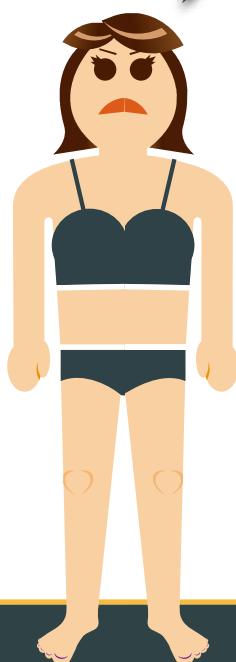
Perfect!



Awe, man!



Oh, no!



NO

TOP

- Low cut tops
- A-shirts
- Exposed sports bras or undergarments
- Exposed torso or mid-drift
- Obscene print or images

BOTTOM

- Bikinis, swimwear, pants, or shorts which may expose bottom area

FEET

- Bare feet
- Flip-flops, sandals, open toe shoes, clogs, or high heels