

BREMERTON, WA 98314

DAILY MENU

SELECTIONS

WEEK 1

Monday

Breakfast: Scrambled eggs, French toast sticks, sausage or bacon, breakfast potato, fresh fruit

Lunch: Carne Guisda, Spanish rice, Refried Beans, Roasted corn, Tortilla and salad bar

OR Grill Menu

Dinner: Meatloaf, Roasted Potatoes, Green Beans and salad bar

OR LIMITED GRILL MENU

Tuesday

Breakfast: Scrambled eggs, sausage or ham, breakfast potato and fruit

Lunch: Pulled pork sliders, Mac Salad, seasonal vegetables, fruit and salad bar OR Grill Menu

Dinner: Skillet Lasagna, Roasted Zucchini, Sourdough bread salad bar

Wednesday

Breakfast: Scrambled Eggs, French toast sticks, sausage or bacon, breakfast potatoes and fruit **Lunch:** Chicken A La King, buttered noodles, seasonal vegetable, rolls and salad Bar

OR Grill Menu

Dinner: Beef tips with mushrooms, mashed potatoes, seasonal vegetables, rolls and salad bar

Thursday

Breakfast: Scrambled eggs, Biscuits & Gravy, bacon or ham, breakfast potato and fruitLunch: Cheese Tortellini with Alfredo Sauce, Broccoli, Sourdough Bread salad bar OR Grill MenuDinner: Chicken Curry, White Rice or Brown Rice, Green Beans, Naan Bread and salad bar













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SELECTIONS

Friday

Brunch: Denver scramble, bacon or sausage, breakfast potato and fresh fruit **Lunch:** Beef Stew, Roasted potatoes seasonal vegetables, rolls and salad bar OR Grill Menu **Dinner:** Braised Pork, White rice or Brown Rice, Mixed Vegetables, rolls and salad bar

Saturday

Brunch: Chicken and waffles, scrambled eggs, bacon or sausage, breakfast potato and fruit

Supper: Baked Honey Garlic Chicken or herbed pasta and parmesan, seasonal vegetables rolls and salad bar

Sunday

Brunch: French toast sticks, scrambled eggs, Sausage or ham, breakfast potatoes, chef's choice, rolls, fruit and salad bar

Supper: Pancit with Chicken, Chef's Choice, Steamed Pot sticker, Asian Vegetables, and salad bar









