

NAVAL BASE KITSAP BANGOR · TRIDENT INN GALLEY

MONTH LY MENU AUGUST 2026

Friday, August 21, 2026

- **Breakfast:** Waffles, Bacon, Turkey Sausage Links, Hashed Brown Potatoes
- **Lunch:** Baked Mac & Cheese, Brown Rice, Creole Chicken, Sloppy Joes, Minestrone Soup, Corn Combo, Southern Style Greens
- **Speedline:** Frankfurters, Cheese Sauce, Chili Con Carne, Corndogs, Fries
- **Dinner:** Wild Rice, Honey Lemon Chicken, Grilled Salmon, Minestrone Soup, Baked Potatoes, Herbed Broccoli, Antigua Vegetable Blend

Saturday, August 22, 2026

- **Breakfast:** Pancakes, Texas Hash, Grilled Sausage Links, Cottage Fried Potatoes
- **Brunch:** Pancakes, Grilled Sausage Links, Cottage Fried Potatoes, Eggs to Order, Grilled Chicken Breast, Philly Cheesesteak Sandwich, French Fries, Carrots, Corn Combo, Creole Soup
- **Dinner:** Pizza, Chicken Wings, Basil Tossed Penne Pasta, Marinara Sauce, Cauliflower Parmesan, Tangy Spinach, Creole Soup

Sunday, August 23, 2026

- **Breakfast:** Waffles, Turkey Bacon, Biscuits n' Gravy, Home Fried Potatoes
- **Brunch:** Waffles, Turkey Bacon, Home Fried Potatoes, Eggs to Order, Pizza Casserole, Grilled Chicken Breast, Hopping John Rice, Herbed Broccoli, Monaco Veg Blend, Old Fashioned Bean Soup
- **Dinner:** Beef Stew, Bombay Chicken, Brown Rice, Paprika Buttered Potatoes, Carrots, French Style Green Beans

Monday, August 24, 2026

- **Breakfast:** Pancakes, Sausage Patties, Turkey Bacon, Tater Tots, Eggs to Order
- **Lunch:** Fried Chicken, Lu'au Pork & Pineapple Rice Bowl, Mac n' Cheese, Green Beans Combo, Cauliflower Au Gratin, Lentil Vegetable Soup
- **Speed Line:** Burgers off the Grill, Turkey Burgers, Black Bean Burgers, French Fries
- **Dinner:** Chicken Alfredo, Salisbury Steak, Mashed Potatoes Gravy, Broccoli, Calico Corn, Lentil Vegetable Soup

Tuesday, August 25, 2026

- **Breakfast:** Waffles, Grilled Bacon, Grilled Turkey Sausage Links, Hashbrown Potatoes
- **Lunch:** Spanish Rice, Fiesta Chicken, Beef & Bean Burritos, Simmered Pinto, Texas Tortilla Soup, South of the Border Medley, Hacienda Corn & Black Beans
- **Speedline:** Chicken Quesadilla, Beef Quesadilla, Corn Muffins
- **Dinner:** Steamed Rice, Roast Pork, Chicken Tikka Masala, Texas Tortilla Soup, Sesame Glazed Green Beans, Cauliflower Combo, Roasted Potato Wedges

Wednesday, August 26, 2026

- **Breakfast:** Pancakes, Grilled Bacon, Sausage Gravy W/ Biscuits, Home Fried Potatoes



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- **Lunch:** Rice, Lo Mein Noodles, Pork Adobo, Sesame Roasted Fillet, Vegetable Soup, Sesame Glaze Green Beans, Vegetable Stir Fry
- **Speedline:** Pizza Bar, Wings, Tater Tots
- **Dinner:** Jasmine Rice, Beef Stew, Honey Lemon Chicken, Vegetable Rice Soup, Roasted Potatoes, Calico Cabbage, Orange Carrots

Thursday, August 27, 2026

- **Breakfast:** French Toast, Bacon, Chicken Tocino, Breakfast Rice
- **Lunch:** Noodles, Jefferson Teriyaki Shrimp Bowl, Turkey Divan, Zuppa Tuscany, Sweet Potatoes Fries, Black Eyed Peas & Carrots, Scandinavian Blend
- **Speedline:** Pasta Bar, Deli Bar, Toasted Garlic Bread
- **Dinner:** Red Beans & Rice W/ Bacon, Mac & Cheese, BBQ Beef Brisket, Blackened Fish, Zuppa Tuscany, Fried Cabbage W/ Bacon, Antigua Blend

Friday, August 28, 2026

- **Breakfast:** Waffles, Minute Steak, Sausage Gravy W/ Biscuits, Hash Brown Potatoes
- **Lunch:** Basil Tossed Penne Pasta, Roast Pork, Chicken Picatta, Italian Wedding Soup, Broccoli Parmesan, Herbed Green Beans
- **Speedline:** Burgers off the Grill, Turkey Burgers, Black Bean Burgers, French Fries
- **Dinner:** Brown Rice, Santa Fe Glazed Chicken, Steak & Cheese Sub, French Fries, Italian Wedding Soup, Tangy Spinach, Peas & Carrots

Saturday, August 29, 2026

- **Breakfast:** Pancakes, Texas Hash, Grilled Sausage, Cottage Fried Potatoes
- **Brunch:** Pancakes, Grilled Sausage Links, Cottage Fried Potatoes, Eggs to Order, Texas Hash, Chicken Cacciatore, Garlic Rice, Roasted Broccoli, Corn Combo, Tomato Soup
- **Dinner:** Rice, Creole Shrimp, Jerk Chicken, Midwestern Rice Soup, Cajun Fries, Glazed Baby Carrots, Green Beans

Sunday, August 30, 2026

- **Breakfast:** Pancakes, Bacon, Corned Beef Hash, Cottage Fried Potatoes
- **Brunch:** Pancakes, Bacon, Corned Beef Hash, Cottage Fried Potatoes, Seasoned Egg Noodles, Beef Stroganoff, Vegetable Rice Soup, Calico Cabbage, Squash & Carrots Medley
- **Dinner:** Steamed Rice, Yakisoba Beef Strips, Baked Chicken, Vegetable Rice Soup, Roasted Carrots, Antigua Vegetable Blend

Monday, August 31, 2026

- **Breakfast:** Pancakes, Turkey Sausage Links, Creamed Ground Beef, Tater Tots
- **Lunch:** Basil Tossed Penne Pasta, Chicken Parmesan, Grilled Salmon, Toscana Soup W/ Sausage, Glazed Baby Carrots, Broccoli Parmesan
- **Speedline:** Burgers off the Grill, Turkey Burgers, Black Bean Burgers, French Fries, Chili & Cheese Sauce
- **Dinner:** Garlic Rice, BBQ Ribs, Baked Chicken, Roasted Potatoes, Toscana Soup W/ Sausage, Broccoli, Corn

