

BREMERTON, WA 98314

# DAILY MENU

# **SELECTIONS**

#### WEEK 3

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#### Monday

Breakfast: breakfast tacos, sausage or ham, breakfast potato, fresh fruit

Lunch: Chicken adobo, white rice, seasonal vegetables, rolls and salad bar OR GRILL

Dinner: Beef Enchiladas, Refried Beans, Spanish Rice, Corn, salad bar and rolls OR LIMITED GRILL

#### Tuesday

**Breakfast:** Scrambled eggs with cheese, bacon or ham, waffles, breakfast potato and fruit **Lunch:** Pork Chops, Mashed Potatoes, seasonal Vegetables, fruit and salad bar OR GRILL

Dinner: BBQ chicken, baked beans, seasonal vegetable, rolls fruit and salad bar OR LIMITED GRILL

#### Wednesday

**Breakfast:** Scrambled eggs, French toast sticks, sausage or bacon, grits and fruit **Lunch:** Baked Ravioli, Green peas, Sourdough bread and salad bar OR GRILL

**Dinner:** Teriyaki beef, rice, seasonal vegetables, rolls and salad bar OR LIMITED GRILL

#### **Thursday**

Breakfast: Scrambled eggs, pancakes, bacon or ham, breakfast potato and fruit

Lunch: Pepper Steak, White Rice or Brown Rice, seasonal vegetables, rolls and salad bar OR GRILL

Dinner: Chipotle Roasted pork loin, mashed potato, seasonal vegetables. rolls and

salad bar OR LIMITED GRILL













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### **Friday**

**Brunch:** Pancakes, scrambled eggs, kielbasa or ham, breakfast potato and fruit bar **Lunch:** Balsamic chicken, Roasted potato, seasonal vegetables, rolls and

salad bar OR GRILL

**Dinner:** Marinated flank steak, White rice or Brown Rice, corn, rolls and salad bar OR LIM-ITED GRILL

### Saturday

Brunch: Waffles, scrambled eggs with cheese, bacon or sausage, chefs choice entree, breakfast potato, Fresh Vegetables, fruit and toast

Supper: Huli Huli Chicken, teriyaki beef, rice, seasonal vegetables rolls and salad bar

## Sunday

**Brunch:** French toast sticks, scrambled eggs, Sausage or ham, breakfast potato,

Chef's choice entree, toast, fruit and Salad Bar

Supper: Shrimp Scampi or Baked Chicken, Pasta, fresh vegetables, rolls and salad bar









