

## COMMUNITY RECREATION

### BANGOR RECREATION CENTER

NBK Bangor, Bldg. 2720, 360-396-2449

- Outdoor equipment rentals
- RV and boat storage rental
- Gaming - Internet, Video, Pool, Air Hockey and Foosball Tables
- Information and resources
- Park Reservations
- Tickets
- Copy, Printing & Faxing Services
- Trips, Tours & Adventures
- CAC-accessible computers, internet/Wi-Fi space
- Kids Zone Indoor Playground
- Lending Library

### BREMERTON RECREATION CENTER

NBK Bremerton, Bldg. 502, 360-476-3178

- Tickets
- Bowling lanes and party packages
- Movie room
- Gaming - Internet, Video, Pool, Air Hockey and Foosball Tables
- Library Services
- Trips, Tours & Adventures
- Outdoor equipment rentals
- CAC-accessible computers, internet/Wi-Fi space
- Copy, Printing & Faxing Services
- A large Multipurpose Room is available for rental for parties and command events

### CINEMA PLUS THEATER

NBK Bangor, Bldg. 2501, 360-396-2515 (24-hour movie hotline)

The theater seats over 350 people and features:

- Digital movies complete with a silver screen and 3-D capabilities
- Fully cushioned rocker seats with drink holders

The theater is also available for command/special events, pre-deployment briefs, family/private events, or just get-togethers; call NBK Catering, (360) 396-5466 for details.

### OLYMPIC LANES BOWLING CENTER

NBK Bangor, Bldg. 2701, 360-396-2494

- Open bowling
- Fireball bowling
- Command functions
- League play
- Bowling birthday parties
- Food Options
- Special Events
- Bowling Specials

### TRIPS, TOURS & ADVENTURES

360-476-3178, 360-396-2449

Living in the Northwest, we are only a short distance from the ocean, lakes, mountains, rainforest, farmland, wine country, and a major city, not

to mention a day trip away from Eastern Washington if a dryer climate is more your style. Let our local guides show you the best our area has to offer. We also offer design a trip services for a tailored experience. Let Trips & Tours show you all the hidden hot spots and local favorites. We do all the driving and you travel in style! Register online at myFFR via [navylifepnw.com](http://navylifepnw.com).

### BANGOR LIBERTY

NBK Bangor, Bldg. 2720, 360-396-2151

- Latest Gaming Stations
- Free Internet & Wi-Fi access
- Power stations for laptops and other electronic devices
- Surround-sound movie room with 80" plasma TV
- Game Room with Pool and Ping Pong Tables
- Board Games
- CAC accessible computers
- Copy, Printing, Scanning & Faxing Services
- Seasonal sporting events, tournaments, classes, trips and more!
- Outdoor Patio Area with Firepit

### BREMERTON FLEET RECREATION CENTER

NBK Bremerton, Bldg. 1027, 360-476-2673

- Free Internet & Wi-Fi access
- Power stations for laptops and other electronic devices
- Webcam computers with high-speed Internet
- Latest Gaming Systems
- Video game tournament corner
- Surround-sound movie room with 80" plasma TV
- Free laundry facilities
- Board Games
- Zero-fee ATM
- Outdoor basketball court & picnic area
- Snack Bar featuring Starbucks coffee, espresso, soft drinks, pastries, breakfast items, breakfast burritos, and pizza
- Copy, printing & faxing services
- CAC accessible computers
- Patio with Fire pit

### DEPLOYED FORCES SUPPORT

NBK Bremerton, Bldg 491 Rm 214, 360-476-5936/360-476-8874

Designed to support afloat units with fitness and recreation needs, for their crew, while in port and deployed. We also offer free equipment checkout for command functions, Afloat Recreation Program Management Training for Afloat Recreation Service Officers and Recreation Funds Custodians.

### CAMP MCKEAN

Reservations, 360-396-2449

Located on Kitsap Lake, just five minutes from NBK Bremerton, Camp McKean offers a picturesque setting and a variety of outdoor activities for a family outing or command gathering.

- Fishing pier
- Fire rings and BBQ

- Sand volleyball court, horseshoe pits, corn hole
- Group picnic areas and pavilion and gazebo
- Kayaks, SUP and pedal boat rentals
- Playground

### TRIDENT LAKES

NBK Bangor (off Trigger gate), 360-396-2449

- Pavilions, picnic tables and grills
- Sports fields
- Playground
- Hiking Trails
- Stocked lakes available for fishing with proof of appropriate permits and license

### ELWOOD POINT

Reservations, 360-396-2449

- Walking paths
- Playground
- Picnic pavillion with BBQ
- Basketball, tennis and volleyball courts
- Individual picnic tables and BBQs

### SKATE PARK

NBK Bangor, 360-396-2449

Located behind the fitness center, the Bangor Skate Park features mini half pipes, two quarter pipes, a fun box with a grind rail and more!

## SPECIALTY SERVICES

### CAR WASH

NBK Bremerton, Bldg. 1023, 360-476-2231

NBK Bangor, "Hubs in a Tub" Car Wash, Bldg. 2956

- Washing bays
- Carpet shampoos
- Vacuum cleaner islands

### MECHANICS CORNER

NBK Bangor, Bldg. 2951 on Trigger Ave., 360-396-2520

Self service vehicle repair. Rental of lifts, stalls, welding equipment and all the tools you need for any auto project. Our friendly and skilled staff is also available to answer any project questions.

### WHEELS & DEALS

NBK Bangor, Ohio Street, 360-396-2151

Looking to sell your vehicle? The Wheels & Deals parking lot provides excellent exposure at bargain pricing. Get your permit at Bangor LIBERTY Center.



# INFORMATION GUIDE



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everything northwest

**NavyLifePNW app**  
Available for Android™ and iPhone™!

 /KitsapFFR

FITNESS & SPORTS

BANGOR FITNESS COMPLEX

NBK Bangor, Bldg. 2700, 360-315-2134

- Latest cardiovascular and weight equipment
- Group fitness classes
- Synergy room (Circuit Training)
- NOFFS Zone
- Basketball, racquetball, wallyball/handball courts
- Outdoor track, turf ball fields and tennis courts
- Family Fitness Room

BANGOR AQUATIC CENTER

NBK Bangor, Bldg. 2700, 360-315-2131

- Water aerobics and lap swim
- Recreational swim -slide, pool toys, water polo goals, diving boards
- American Red Cross Swim lessons
- American Red Cross Lifeguarding courses
- Available for Private pool party rental

BREMERTON FITNESS COMPLEX

NBK Bremerton, Bldg. 1017, 360-476-2231

- Latest cardiovascular and weight equipment
- Group fitness classes
- Basketball and racquetball courts
- TRX, performance, aerobics and boxing/wrestling rooms
- Outdoor track and turf ball fields
- Family Fitness Center

BREMERTON AQUATIC CENTER

NBK Bremerton, Bldg. 1017, 360-476-9416

- Water aerobics and lap swimming

UNMANNED FITNESS CENTERS

Access 24/7

- Waterfront Fitness Center  
Lower NBK Bangor, Bldg. 7085, 360-315-2134

- Naval Hospital Fitness Center  
NBK Bremerton, Bldg. 12, 360-476-2231

- Keyport Fitness Center  
NBK Keyport, Bldg. 198, 360-315-2134

FITNESS SPECIALISTS

NBK Bangor, 360-315-2140

NBK Bremerton, 360-476-7026

Provide educational health and fitness programs; are available for body composition testing, aerobic and resistance training, educational handouts and one-on-one fitness assessments.

INTRAMURAL SPORTS

NBK Bangor & Bremerton, 360-315-2132

Providing sports leagues, tournaments, competition and Captain's Cup events.

- |                    |              |
|--------------------|--------------|
| • Basketball       | • Dodgeball  |
| • Flag football    | • Golf       |
| • Racquetball      | • Soccer     |
| • Softball         | • Tennis     |
| • Ultimate Frisbee | • Volleyball |

UNMANNED FITNESS CENTERS

Access 24/7.

- Waterfront
- NHB
- Keyport

RESTAURANTS & CATERING

ALL AMERICAN RESTAURANT

NBK Bremerton, Bldg. 866, 360-476-9085

- Open every day, serving hearty, wholesome meals for breakfast, lunch and dinner during the week, along with brunch and supper on the weekends at an exceptional value.
- Open to all eligible patrons, including family members, DoD civilians, retirees and contractors.
- Provides SIK Sailors high-quality, nutritious meals at no charge.

SAMUEL ADAMS BREWHOUSE

NBK Bremerton, Bldg. 434, 360-476-6719

- Gourmet burgers and chicken wings
- Handmade pizzas and calzones
- Salads and sandwiches
- Carry-out

THE INSIDE OUT CAFÉ

NBK Bangor Plaza, Bldg. 2720, 360-396-2523

The café offers a casual, family friendly atmosphere featuring:

- |                       |                    |
|-----------------------|--------------------|
| • Home-style specials | • Salads and wraps |
| • Burgers             | • Kid's menu       |
| • Grab-n-Go           | • Carry-out        |

Great place to have lunch.

KHAKI LOUNGE

NBK Bangor, Bldg. 2720, 360-396-2472

Located at Bangor Plaza, it is open for food and bar service exclusively to E-7 and above (or civilian equivalent) and their guests. Food service provided by Inside Out Café for lunch service. Eligible patrons may also reserve the Khaki Lounge for meetings and special functions after regular business hours, at no extra charge.

CAFÉ.COM

NBK Bremerton, Bldg. 1027, 360-476-2673

Located in Fleet Recreation Center, Bremerton at the head of Pier Delta, we serve Starbucks™ coffee and beverages. Stop by for your morning coffee, breakfast burrito, pastry or pizza by the slice during lunch.

NBK CATERING

NBK Catering Office, Bldg. 2720, 360-396-2476

We cater at most Naval Base Kitsap facilities. We offer complete catering menus for all occations to groups 25 or more. Let NBK Catering do all the work for your luncheons, special dinners, social parties, retirements, weddings and anniversaries.

CHILD & YOUTH SERVICES

CHILD DEVELOPMENT CENTERS

NBK Bangor, Bldg. 2902, 360-396-5920

Jackson Park, Bldg. 779, 360-476-8666

Bremerton Infant/Toddler Center, 1141 U St., 360-627-2974

Child Development Centers (CDC) offer center-based care for children six weeks to five years of age. The centers are based on the developmental program model which focuses on play and its importance in a child's learning process. Open to active duty and DoD civilian families. Fees are based on Total Household Income (THI). Register your child at MilitaryChildCare.com.

CHILD DEVELOPMENT HOMES (CDH)

Jackson Park, Bldg. 780, 90 Olding Rd., 360-476-7484

Our CDHs are certified by Navy Child Development Programs to provide childcare for ages up to 12 years. They provide the same level of high-quality care found in our on-base centers and are often able to offer a little more flexibility in services. Providers may offer part-time, hourly, evening, weekend and deployment care.

YOUTH & TEEN PROGRAMS

NBK Bangor, Admiral Boorda Teen Center, 360-396-2065

The centers offer an open recreation program for eligible family members, in grades 7-12 of active duty, retirees, DoD civilians and DoD contractors. Membership is free and registration is taken directly at the facility.

SCHOOL-AGE CARE (SAC)

NBK Bangor, 360-396-2463/2465

Jackson Park, 360-627-2041

Our School-Age Care programs are designed to provide a safe place for your children to go before and after school, for ages five (enrolled in kindergarten)-12. The centers provide youth with age-appropriate activities as well as holiday and summer day camps. Fees are based on Total Household Income (THI) and registration is taken directly at each facility.

SCHOOL LIAISON OFFICER (SLO)

NBK Bangor, Bldg. 2901, 360-396-5139

The SLO is the central point of contact for pre-K through 12 education-related issues for commands, military families and local school districts. Provides educational services that include:

- School Transition Support
- Deployment Support
- Partnerships in Education
- Home School Support
- Post-Secondary Preparation
- Special Education System Navigation
- Communications (Command, Educator, Community, Parents)

FLEET & FAMILY SUPPORT

FLEET & FAMILY SUPPORT CENTERS (FFSC)

NBK Bangor, Bldg. 2901, 360-396-4115 / Bldg. 1099, 360-396-4896

NBK Bremerton, Bldg. 491, 1-800-854-0638

The program offers:

- One-on-one counseling
- Financial classes
- Deployment support
- Parenting
- Employment assistance
- Separation and retiree transition assistance, and much more

The center also offers no-cost, confidential counseling by professional and licensed counselors to active duty, family members and retired individuals, couples, children and families. The programs include:

- Family Victim Advocacy
- New Parent Support, Parenting
- Sexual Assault Prevention and Response Program
- Domestic Violence Education and Prevention

Appointments are made through a central reservation number: 866-854-0638.

HOUSING

HOUSING SERVICE CENTER

NBK Bangor, Bldg. 2720, 360-396-4399 or 1-800-876-7022

- Information on housing options and community resources
- Applying for PPV Housing
- Mediation and conflict resolution to military tenants residing in the local community

UNACCOMPANIED HOUSING

Bangor and Keyport, 360-396-4046

Bremerton, 360-476-2377

Naval Hospital Bremerton - Schon Hall, 360-475-4334

After Hours Duty Manager 360-340-2297

Committed to offering you the finest quality Unaccompanied Housing (UH) services and accommodations during your tour of duty here in the Pacific Northwest.