

Water Aerobics

**Open to
everyone!**

BANGOR AQUATIC CENTER

MORNINGS: MONDAY, WEDNESDAY
& FRIDAY, 8:30-9:30 am

(Mon. & Fri. Shallow Water, Wed. Deep Water)

EVENINGS: TUESDAY & THURSDAY, 5:30-6:30 pm
(Deep Water Class)

BREMERTON AQUATIC CENTER

MORNINGS:
TUESDAY & THURSDAY, 8:30-9:30 am
(Combination of Deep & Shallow Water)

EVENINGS:
MONDAY & WEDNESDAY, 5:30-6:30 pm
(Combination of Deep & Shallow Water)

\$3.50 for DoD civilians and contractors. Free for active duty, retirees and their families.

For more information, call: (360) 315-2131 / (360) 476-9416



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